



RANDWICK GIRLS HIGH SCHOOL
Barker St, Randwick, NSW, 2031 | 9398 3233

NEWSLETTER

TERM 3 | WEEK 6B | 22 – 26 August 2022

Website: www.randwickgirlshighschool.com.au

Student Absent Line: 8345 8288

Email: randwickg-h.school@det.nsw.edu.au



HIGHLIGHTS

- PD/Health/PE News
- Dance News
- 248 Army Cadet Unit
- Science News

WELCOME

PRINCIPAL'S MESSAGE

Dear Parents and Caregivers

Year 12

I applaud our final Year 12 students for their hard work to produce the high quality work I have the pleasure to continue to observe, especially this term. They also tackled their Trial Examinations with determination. These examinations began last Friday and will continue until the middle of next week. Some of these students are also completing their major works, with some also sitting HSC exams in practical subjects and languages.

All Year 12 students are expected to return to school for valuable feedback and preparations for the HSC as soon as their Trial Examinations are over. Their attendance is expected until the end of the term.

Year 12 Graduation from school will take place on Tuesday 20 September. The staff and I look forward to sharing this momentous occasion with all families.

Principal's message continued on next page



Principal's message continued

SRC

SRC (Student Representative Council) elections for student leaders of 2022/2023 have now been completed. The engagement of students in this democratic process is exceptionally high with many impressing. Congratulations to the elected students, and thanks to Ms Dovellos for running a tight process.

Congratulations are especially due to the four most senior Year 11 elected leaders – Keira McNeill for School Captain, Amy Simmonds Vice-Captain, Kiana Hoare SRC President and Maria Amorim Fontes Lago SRC Vice-Captain.

A comprehensive list of newly elected student leaders is included in this newsletter.

An SRC Induction assembly for the new leaders will be held on Monday 19 September in the School Hall. Parent invitations will be sent in the next few days. At this same assembly we will also thank the outgoing leaders for their services to the school and fellow students.

Covid Update

Students with Covid must still be isolated for seven days. They need to register with Service NSW. Household or close contacts can only attend school if they are symptom-free. They also need to return a negative RAT (Rapid Antigen Test) test and wear a mask for five consecutive school days.

Year 4 Visit

We welcomed 198 Year 4 primary school students from our neighbouring primary schools last Tuesday. Covid has disrupted this important yearly calendar event and it was so fantastic to be able to bring it back this year. The students spent the whole day at our school enjoying learning in a high school environment.

Book Week

Students celebrated book week with a variety of activities. These included:

- Monday 22 August DEAR Reading Circle – students brought their favourite book to DEAR, read an extract and shared their thoughts with their group

- Tuesday 25 August – Philosophy with Mr Kominos lunchtime in library
- Thursday 27 August - Poetry of Gwen Harwood with Mr Briffa lunchtime in library
- Friday 26 August – Autobiographies with Mrs Young lunchtime in library

Lastly, I would like to reiterate my message to the community that RGHS leaders and I take the safety of students and staff very seriously. This includes the most recent mysterious rock samples found in the Science storeroom. I thank the school community for their strong support of the school and its actions, especially in the past few days.

Regards

Lucy Andre
Principal

Principal's Tours

The Principal conducts tours of the school each week for interested families

You can seek more information before enrolling your daughters

Call 9398 3233 to book

Students are reminded to be respectful in the Newmarket playground and precinct.

Remember that you are representing your school and your family when you are in public areas.

From the Deputies

Write a Book in a Day

On Thursday 18 August two teams from Randwick Girls' High School, one from Years 7-9 and the other from Years 10-11 participated in Write a Book in a Day.

Teams of up to ten had just 12 hours to write and illustrate a book from start to finish. To make it even more exciting, unique parameters must be included in the story. The competition involves students engaging in fundraising activities that goes directly towards the Kids' Cancer Project.

Sincere thanks to Mrs Young, Mr Kominos, Mr Briffa and Ms Sun for overseeing this creative and challenging artistic and literary opportunity.

Lateness

Students are reminded that they are expected to arrive at school in time to attend Roll Call at 8.55am. Students who arrive late need to present a note written and signed by a parent/carer to the office to explain the student's lateness. Persistent lateness not only impacts on students' learning it affects their overall attendance percentage.

Course Requirements and N-warnings

Students are reminded to ensure that they are completing all coursework and assessments with sustained effort and diligence. In cases where this is not occurring, students and their parents/carers will be notified in the form of N-warning letters which may lead to an N-determination in one or more courses which may affect a student's RoSA and/or educational progression.

Subject Selection

The Year 8 Elective Subject Selection process commenced on Wednesday 24 August with online presentations outlining the information that Parents and students need to make informed choices regarding their future elective subjects at Randwick Girls' High School. Students may login and amend preferences until 3pm Wednesday 2 September. If you change your selection, you will need to return another signed print out. If you have difficulty making selections, please see

RANDWICK GIRLS' HIGH SCHOOL

Ms R. Jordan in the HT Administration office or Room 211.

Trial Examinations

The trial HSC exams are occurring. This is a challenging time for students but is important practice for future examinations. They must be treated as a learning experience. Post trials it is particularly important that students work together with their classes and teachers to improve their understanding and ability to answer questions and achieve their personal best.

Exciting upcoming Film Screening

Next Thursday 1 September Randwick Girls' High School will be screening a great independent film called *Lake of Scars*, created by film maker Bill Code and narrated by the legendary Uncle Jack Charles.



Student tickets will be \$15 and this includes pizza and a drink before the screening in the MPC at 5pm.

Regards
Ms Reilly

This time of year is a busy one for all students, as the cycle of tests and assignments for Semester 2 approaches. I would like to remind students of the many and varied supports available at the school. The first port of call should always be your teacher, who will be able to guide you and provide subject specific advice. A number of other supports exist in addition to this, including our fabulous Homework Centre which operates under the supervision of Mr Kominos on Monday and Thursday after school in the library, as well as the Back on Track program for senior students. Please see myself or your Year Advisor if you would like to know more about these programs, or any other supports that are available in the school,

From the Deputies continued

in order to help manage the workload of assessment and exam preparation.

In a previous newsletter, Ms Reilly and I prepared a joint Newsletter report on school uniforms, in order to highlight the state of the issue. The past fortnight has seen an incremental and steady improvement, and I would like to reiterate that all staff are working together towards supporting our students represent themselves and their school in the best possible manner, through the wearing of the correct uniform. As stated in that previous report, please don't hesitate in contacting the school if you require assistance, or further information on this matter.

SRC Elections were held on Monday Week 4, with a high number of students coming forward to nominate. It was great to hear the wonderful speeches from candidates to their year group, and regardless of the outcome, congratulations to each

and every student who stepped up to nominate and offer to support students and the school through membership on the Student Representative Council. A special thanks to Ms Dovellos, who worked tirelessly to oversee the process and support the students to participate in this event.

Finally, I would like to thank all students and staff who made this week's Year 4 Primary School visit a wonderful day for all our visitors. Visiting students were able to experience a range of lessons and activities prepared by our wonderful teachers, including Spanish dance and language, gymnastic games, concert band, and cooking Anzac Biscuits to name a few. Thank you to all the teachers and students who participated in making this day so special. And a special thanks to Mr James for his work in preparing this day.

Until next time
Mr Rekić

They're Back!!!

Dear Parent/Carer

From time to time we need to advise parents and carers to be vigilant against nits or lice (eggs). Anyone can get head lice through direct head-to-head contact but also from sharing hats, brushes and other personal items. Head lice are a problem in many communities and do not reflect poor hygiene or social status.

Please check your child's hair tonight for nits or lice and if you find any, go to your local pharmacy to ask for assistance for the best treatment.

Please do your part to prevent the spread of this communicable condition by checking your daughter(s) hair daily for the next few weeks and on a regular basis thereafter. Lice infestation is much easier to treat if caught early.

Further information on head lice is available in English on the NSW Health website at

<http://www.health.nsw.gov.au/environment/headlice/Pages/treatment.aspx>

Your assistance in this regard is appreciated.

PD/Health/PE News

As we arrive at Week 6 of Term 3 the PDHPE staff are continually working tirelessly to prepare our Year 11 and Year 12 students for their upcoming Preliminary and Trial HSC examinations respectively. In addition, the new and improved 7-10 PDHPE Teaching and Learning programs have been completed and implemented across both PDHPE and Human Movement.

In the past week we had one of our own Whitney Miklos represent Australia at the Oz Tag World Cup in Coffs Harbour. Whitney was a part of the over 30s Australian side who went through the tournament undefeated and never had a try scored against them. As a faculty we would love to congratulate Whit on this fantastic achievement. We are all very proud of her.



Finally, at beginning of Week 6 we welcomed back Kylie Fagan after her three-week stint of HSC Dance marking around the state. Kylie was appointed as part of the specialist team based in the Northern Rivers. She has wasted no time in bringing her high levels of energy, enthusiasm and fun back to the faculty which is evident in costume themed faculty (shown below).

Dance News

DANCE ELECTIVE:

Meet ...

Jayme : Dancer in the spotlight

Jayme of Year 11 is currently studying Dance as an Elective. Jayme started dancing when she was 4 years old and started studying Dance at Randwick Girls in Year 9.

Jayme selected Elective Dance as she enjoys performing, choreography and analysing dance works. Jayme recently was involved in the HSC Dance practical exams as a Core Composition dancer. Jayme has been involved in the HSC composition process since Year 7.

“I enjoyed this experience as it really helped me further my understanding of the process of composition and the HSC examination process. I highly recommend all students to study Dance even if they are not dancers outside of school as Dance as an elective allows all levels of dancers to gain performance, composition and an appreciation of dance as an art form.”



Year 12 Dance Practical HSC examinations

During Weeks 4 and 5 of Term 3, students studying Dance as an elective completed their practical component of the 2022 HSC Dance examinations. Students performed their Core Performance, Core Composition and Major Performance. Congratulations to all Year 12 dancers who have now completed 80% of their HSC Dance exams. Thank you to all the Core Composition dancers who worked tirelessly in collaboration with the Year 12s. Your commitment, time and support of Year 12 have been greatly appreciated.



SCHOOLS SPECTACULAR *Creating the Magic*

Randwick Girls' High School dancers were successful in their dance audition for the 2022 Schools Spectacular. This event will be held late November with performances on Friday 25 and Saturday 26 November at Qudos Bank Arena, Homebush. The combined dance ensemble will commence rehearsals in Term 4. We look forward to watching Randwick Girls dancers *Create the Magic*.

248 Army Cadet Unit

Recently a ceremony was held to launch the 248 Army Cadet Unit, City of Sydney (Gadigal) at Victoria Barracks, Paddington in Sydney where the unit will be based. Army Cadets is Australia's leading youth development activity, fostering skills and leadership aligned with Army and Defence values.

Interested in joining?

<https://armycadets.sydney/>

or

248acu@armycadets.gov.au



I have also attached some examples of the engaging work our junior students are doing. Year 10 have made lolly models of DNA and Year 7 have been modelling the water cycle. I look forward to presenting images of the Year 7 cell models and Year 9 Atomic models in our next newsletter.



Finally, as Year 8 are completing their subject selections for Year 9, I would like to share an image of a student completing her Marine and Aquaculture Technology personal interest project. It looks amazing! Thank you, Holly.



Sharon Chapman
Head Teacher Science



We acknowledge and pay respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



P&C MEETING HIGHLIGHTS

We had a great turnout for our meeting on Monday 15 August! Some of the highlights:

- Ali Hall & Rolfe Kolbe gave an update on the Indigenous Garden. We're seeking old white-boards for up-cycling. Get in touch if you can help.
- Sharon Chapman (HT Science) discussed the potential return of the Duke of Ed at RGHS!
- Thank you to the generous families who donated \$7,423 in P&C contributions and thank you to Lucy Andre and Rhonda Lyons for supporting us.
- We raised \$655 from the pre-loved uniform stall! Thanks to Belinda Simmonds and the fabulous volunteers.
- We agreed to donate \$1,000 to the Indigenous Garden for new plants etc
- We are contributing \$1,375 towards a joint RBHS|RGHS P&C info session on Respectful Relationships. Book Now!

P&C MEETING HIGHLIGHTS cont.

- Book Packs are coming! P&C will start a new fundraiser and help parents/carers get organised for the 2023 school year.
- We won a \$5,000 grant for a brand new BBQ plus accessories and a P&C marquee!



FREE INFO SESSION | TUE 30 AUG

Let's spark meaningful conversations about respect and consent! The P&C Associations of Randwick Boys' High School and Randwick Girls' High School have joined together with Consent Labs to present an engaging info session about respectful relationships.

All parents/carers are warmly invited to this FREE session and we encourage you to share with your friends - all welcome!



randwickgirlshighschool@
pandcaffiliate.org.au



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P&C membership/donations:
RGHS P&C Assoc
BSB 032-257
A/C 546443

Respectful Relationships

getting conversations about respect right
FREE parent/carer seminar



TUE 30 AUG | 6:30PM
CONSENT LABS

Proudly sponsored by
Randwick Boys' High School P&C
Randwick Girls' High School P&C
Click [here](#) or scan the QR code to register



CONSENT LABS: Parents

Supporting parents to understand consent education

We cover these common questions from parents in a 1.5hr seminar:

- What is the right age to start talking about sex?
- How do I start the conversation about these topics with my kids?
- Is talking about sex going to encourage them to have sex sooner?
- How can I respect my religious beliefs or cultural values - but still educate my child?
- How can I ensure my child is safe?

AIMS OF OUR PARENT PROGRAM

"It takes a village to raise a child."

Every young person deserves to be **safe and respected** in relationships.

Parents are a key part in shaping their child's values. Our vision is that young people and their parents and/or carers can have conversations about these topics without any awkwardness.

We want to help you bridge the gap to your children, and give you tools to have **meaningful conversations** about respectful relationships.

Consent Labs is a not-for-profit delivering consent education that is:

- **Backed by evidence:** our programs are evidence-based and industry reviewed.
- **Realistic and relevant:** we don't shy away from hard topics because we believe that proactive education will enable your children to make informed choices.
- **Inclusive:** we ensure that everyone feels included in the conversation, so they can apply these skills to their own lives.

Our program has been vetted by:



Renee West
PDHPE Advisor 7-12,
NSW Department of Education



Dr Melissa Kang
Associate Professor,
The University of Sydney



Dr Eleanor Freedman
North Sydney Sexual
Assault Service



Katrina Marson
Senior Prosecutor (Sexual Offences Unit),
ACT Director of Public Prosecutions



Paul Dillon
Drug and Alcohol Research and
Training Australia



Matthew Keeley
Director, Youth Law Australia

"The presentation was inclusive, engaging and provided very helpful information that is relevant to challenges faced by teenagers today."

OUR EFFICACY

64% of students stated their understanding was 'good' before our presentation, compared to **96%** after.

92% of students said that they would want to see us back at their school.

97% of students said that they had learnt something practical that they could incorporate into their lives.

THE EVIDENCE FOR RESPECTFUL RELATIONSHIPS EDUCATION

By talking to your children, you will be empowering them to make informed decisions regarding respectful relationships. Extensive research has been conducted at an international level which supports the need for this education.

"High quality, comprehensive and rights-based sexuality education programmes can delay initiation of sexual activity and unprotected intercourse ... and therefore decrease unintended pregnancies and sexually transmitted infections among young people." - *International Planned Parenthood Federation (2009)*

"Comprehensive relationships and sex education for children and young people promotes wellbeing for all and is known to be effective in reducing the incidence of negative sexual experiences and sexualised violence." - *Ignorance is Not Innocence: Safeguarding Sexual Wellbeing through Relationships and Sex Education (2018)*

"Respectful relationships education provides an opportunity ... to address the drivers of gender-based violence and contribute to creating an Australia free from violence" - *Our Watch (2021)*

Further reading: *UNESCO (2018)*.

 www.consentlabs.org.au

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