

## NEWSLETTER

#### TERM 3 | WEEK 2B | 25 - 29 July 2022

Website: www.randwickgirlshighschool.com.au Student Absent Line: 8345 8288

Email: randwickg-h.school@det.nsw.edu.au



#### **HIGHLIGHTS**

- Meet the new Year 7 Adviser
- Creative Arts News
- RGHS Archibald Prize Finalists
- Alumni in Focus

### **WELCOME**

#### PRINCIPAL'S MESSAGE

**Dear Parents and Caregivers** 

Welcome back to Term 3!

It has been a busy two weeks since we commenced Term 3. It is indeed pleasing to notice the hard work students have been undertaking with their teachers, to work towards their Semester Two goals.

We look forward to welcoming parents and caregivers next Tuesday evening (see below) at 6 pm for the Wellbeing Seminar. If you have yet to book a seat, please go to <a href="Eventbrite">Eventbrite</a> to book a free ticket.

## Parent Information evening *Healthy online and offline teenagers* – Not to be missed (Repeat Item)

On Tuesday 2 August, we will have a parent information evening for parents and carers of RGHS, including the incoming Year 7 2023 parents. Speakers will include the Head Teacher Wellbeing, the School Counsellor and Australian renowned

Principal's message continued on next page





#### Principal's message continued

psychologist Dr Michael Carr-Gregg; as well as pediatrician, Dr Ming Chow. Topics such as physical and mental wellbeing, as well as managing the online world including social media and screen time will be addressed. This is a free event and tickets are available at Eventbrite

#### Update on the Renovation work in the holidays

The first stage of work in the MPC (Multi-Purpose Centre) is now complete. There will be other stages in the coming months including the restoration of the roof plus an undercover learning area.

At this time of writing the junior toilet block is still a few weeks away from completion. Let us hope the problems identified, which include a ceiling leak, will be addressed soon. Work in the senior toilet block will commence once the junior toilet block is complete.

We look forward to informing you of other potential work in the school in the near future.

#### **Staff Changes**

Ms Raechel Whitty (Head Teacher Wellbeing and Learning Support; and English teacher) and Ms Jasmine Robertson (English and Drama teacher) took maternity leave at the end of Week 1. I know you will join me in wishing them all the best with the new bubs.

In Ms Whitty's absence, we welcome Ms Jessica Garcia, who will be relieving in the Head Teacher Wellbeing and Learning Support role. We also welcome Ms Kellie Smith who will be taking over Ms Whitty's classes, and Ms Fiona Paget who will be taking over Ms Robertson's classes.

#### **New Year 7 Year Adviser**

Ms Elsie Tweneboa has recently taken over the position of Year 7 Year Adviser from Ms Patricia Wong, who unfortunately isn't able to continue in the role. Parents can contact Ms Tweneboa via the school email address, with attention to her in the subject line. Students can reach her at the Social Sciences staffroom on Level 3.

A huge thank you to Ms Wong for her outstanding contribution to the Year 7 students over the past two terms.

#### Year 10 into Year 11 Subject Selection Mentoring

Year 10 students have just completed three days of one-on-one mentoring with either Ms Evers or one of the Executive staff. This critical step enables students to ask individual questions as their mentors look at their achievements so far and what will suit each student with an individual study pattern for the Senior School.

The next few weeks leading to the eventual submission of subjects are important. If you need any assistance in choosing courses, please see Ms Stolzenhein, your teachers or Ms Reilly.

#### **MADDD** night

Once a year, RGHS holds its own creative arts extravaganza of exhibitions and live performances, showcasing our HSC students' work. This is abbreviated to MADDD night with each letter referencing a particular aspect – M for Music, A for Art, the three Ds are for Dance, Drama and Design & Technology.

The 2022 MADDD night, held on Thursday 28 July, was a momentous success due to the exceptional skills and talents of the HSC cohort undertaking those subjects, and the expert tutelage of our dedicated staff. Well done to all!

#### **NAIDOC** Week

This year, RGHS decided to hold activities across the week to encourage our school community to get up, stand up and show up instead of having a whole school assembly. These activities included singing in DEAR+, a dance performance from Walangari Karntawarra and Diramu, traditional weaving from Ngumpie Weaving, and a sausage sizzle/roo sliders to raise money for the Happy Box Project to assist a sister school in remote South Australia.

All activities were well attended and appreciated by the school community.

Regards Lucy Andre

## From the Deputies

his week we have decided to jointly write our report, in order to highlight the current state of uniform compliance at our school. As the colder months have descended upon us, the vast majority of students continue to do the right thing, ensuring that they attend school in the correct school uniform. Unfortunately, we are seeing a spike of non-compliance within certain year groups, and for this reason we wish to clarify some of the requirements and processes related to uniform.

We recognise the many exigencies in relation to individual circumstances, and accordingly would like to highlight that there are a number of supports and assistance that the school can provide if obtaining the right uniform presents difficulties. Please contact your Year Advisor, the Head Teacher Wellbeing (Ms Garcia) or either of the Deputy Principals, if we can be or more assistance in this regard.

Randwick Girls' High School is a Uniform School, and as such expects students to wear the uniform during school hours, while travelling to and from school, and when engaged in school activities out of school hours. The school's response to a student not wearing uniform will be appropriate, fair and consistent. At Randwick Girls' High School, this process is governed by the Red and Green Slip process. Students with a justified reason for being out of uniform will bring a note before the commencement of school to their relevant Year deputy. In these circumstances they will be issued a Uniform Green Slip for the day, which they will present when requested by teachers. In cases of three or more Green Slips per term, the Year Deputy will contact parents for a discussion on how students can be better supported to wear the correct uniform. Students who turn up to school without justification will be issued a Red Slip, which is recorded on their profile, with follow up action taken by their relevant Year Head Teacher. In circumstances where a student's lack of uniform presents Work Health and Safety Issues, parents will be asked to assist such as bringing a correct

set of uniform to the school. All uniform items are available through the school's Uniform supplier, Wylies School Uniforms, which is located at 3/17 Green St, Banksmeadow Phone: 9344 5796

Regards, Mr Rekic and Ms Reilly

## **Year 7 Adviser**

Hello! My name is Ms Elsie Tweneboa. I am a Social Sciences Teacher at Randwick Girls' High School. I currently teach Geography, Commerce, Legal Studies and Business Studies.



Throughout my career I have been afforded

wonderful opportunities to teach in both regional and metropolitan schools in NSW as well as internationally in London.

I am a proud alumna of Randwick Girls' High school.

My role as the Year 7 adviser is to monitor trends in individual students relating to academic progress, classroom behaviour, attendance, social behaviour and to refer, where necessary to the Counsellor, Principal, Deputy Principal and Head Teacher Wellbeing.

I am thrilled to be appointed as the new Year 7 adviser this year, I'm looking forward to working with the students and their families to provide guidance and promote the wellbeing for all students.

## **Creative Arts News**

#### **MUSIC NEWS**

#### STATE MUSIC CAMP SUCCESS

Year 11 Music 2 students Aydin, Cate, Ella, and Amy recently attended the Senior State Music Camp. Over six days, the girls refined their musicality and performance skills and learnt to cooperate in a large ensemble setting. Our senior musicians had the opportunity to collaborate with other students from across the state in an intense and fun learning environment.

Emily of Year 8 and Zara of Year 7 have attended the Junior State Camp. Emily is a talented trumpet player, and Zara is a skilled flautist. Emily has also been accepted into the NSW State Wind Band and will showcase her talents in The Festival of Instrumental Music at the Concert Hall of the Sydney Opera House. Congratulations girls!

We wish Amanda of Year 9 all the best in her audition as a backing vocalist for the School Spectacular.

#### **RGHS Band**

Mr Fletcher led The Randwick Girls' High School Band's performance at the Talent Show on the last day of Term 2. The band showcased new pieces, including classic favourites such as the Lion King melody and "He's a Pirate" from the film Pirates of the Caribbean. Their polished performance bought back childhood memories. Congratulations on your collaborative effort, girls. Those early Friday morning rehearsals are paying off!





#### RGHS CHOIR WITH MS MOK

If you love singing and want to join the Randwick Girls High School choir, please come to rehearsals in A Block on Mondays at the beginning of lunchtime. It's not too late to join!

We had a great turnout on Monday and can't wait to meet you all again.





#### VISUAL ARTS NEWS





It was lovely to see our dedicated Year 12 Visual Arts students attend Body of Work workshops over three days during the recent holiday break. We look forward to seeing their artworks in progress on MADDD night.





Congratulations to Celeste of Year 8, who has won first prize in the Waverley Art Prize for her acrylic painting titled "Celestial Gaze". We congratulate all of the R.G.H.S students who submitted their artworks to this prize and encourage you all to try again next year.



Thank you to Abby of year 7 for sharing her origami masterpieces with 7VA6. Her designs included kinetic sculptures and complex designs, all of which were produced in her own time. It's wonderful to see students share their creative hobbies and talents with their peers. Thank you for inspiring us with your initiative and determination to perfect a skill.



#### **2022 RGHS ARCHIBALD PRIZE FINALISTS**

Randwick's most prestigious art event



#### Congratulations to our very own Young Archies!

Our portraits keep getting better with each passing year. These brilliant drawings will be displayed in the art corridor alongside voting instructions; make sure you vote for your favourite. The Young Archie, who receives the most votes, will be awarded The People's Choice Award and an art pack to support them in their artmaking endeavors. Happy voting!



## Randwick Girls' High School C.A.R.E Model

This year, RGHS has begun a journey towards developing a whole school, positive education framework. The aim of the C.A.R.E model is to guide and support students in reaching independence, satisfaction and personal best through positive psychology. Our school is one rich in programs and initiatives that promote the growth of the whole individual. It is our hope that the implementation of the C.A.R.E model will assist in streamlining programming to align with the following core values:



#### Confidence:

Challenge, Resilience & Determination

#### Acceptance:

Inclusivity, Kindness & Belonging

#### Respect:

for self, peers, staff, school & community

#### **E**xcellence:

Strive for Personal Best

The values outlined in the C.A.R.E Model were chosen through a process of student and staff consultation, including surveys and focus groups. As a school, we are now able to say that these values underpin what it means to be a Randwick Girls' HS student.

This year, we begin a three year implementation phase of the C.A.R.E Model. This will begin with SRC led lessons and Year Assemblies to promote the values. This roll out will be accompanied by targeted wellbeing programs and initiatives to promote the use of positive psychology in achieving student personal best.

Together, we look forward to staring this journey with the community of Randwick Girls' High School.

Watch this space!
RGHS CARE Model Team



#### Randwick Girls' High School

## **ALUMNI IN FOCUS**

#### A biannual profile of RGHS Alumni success

The RGHS student Alumni Team is proud to introduce the first installment of our biannual report.

The Alumni Team has been working hard to collect data on Alumni from RGHS since the school's founding in 1959. Together, with the support of our Alumni, we plan to celebrate and share the success of our students post-school lives with our wider school community. We hope to learn how our Alumni have used the core values in our CARE Model (Confidence, Acceptance, Respect, and Excellence) to reach their personal best, both at school and beyond!

I thank Ruby Borer for her hard work coordinating this article. I would also like to thank Mr Dunbar and Ms Dovellos, as well as student team members Grace Delos Santos and Heidi Jones.

- Ms Whitty



Wednesday, 22 June 2022



#### In this issue,

Paloma Dearnley (2020, above) Akira Baigent (2018, left)



#### Akira Baigent (2018 Graduate)

Former Randwick Girls' High School student Akira Baignet graduated back in 2018. A lover of science, health and helping people, Akira was heavily involved in Randwick Girls' and is now an Oral Health Therapist with full adult scope. At school, she enjoyed Chemistry, Biology and Environmental Science with our well-loved Science teachers and also participated in Marine Studies. However, Akira's involvement stretched wider than the science faculty - she participated in various clubs such as the Crystal, Chess, and Knitting Clubs.

Graduating with a Bachelor of Oral Health from the University of Sydney in 2021, Akira now works in the field of dental practices in Dubbo and additionally provides public dental care to underprivileged children and adults in small, rural communities outside of Dubbo.

Akira gave her experience as a student from Randwick Girls' an enthusiastic, "10/10!". She adds, "I was given the opportunity to be my full nerdy self at Randwick with nothing holding me back."

When asked about the teachers, Akira expressed her gratitude to the Science staff. "The teachers were extremely accomodating, especially Mr Hourcade as he would give up his precious lunches to host clubs. The Science faculty was like my home and the Science teachers were extremely lovely and supportive, especially in Year 12 when times got tough."

Akira expresses the importance of students putting less pressure on themselves during their times in high school to combat letting stress take over. "I think I would put less pressure on myself to get the best results and just enjoy the content and my time there. I put so much emphasis on doing well in exams and assignments that I would stress myself out." The importance of acknowledging stress and diffusing it for Akira was very important during her time in Randwick and her journey through High School has shaped Akira as the woman she is today.

#### Paloma Dearnley (2020 Graduate)

Paloma graduated RGHS in 2020 and always enjoyed studying English, Ancient History, Japanese and Visual Arts. She is currently in her second year studying a Bachelor of Arts and Advanced Studies degree, majoring in English and Ancient History at the University of Sydney. She is also working as a English and History tutor for high school students.



Her favourite part of Randwick Girls' was the passionate teachers, and her amazing group of friends with whom she is still very close. Further elaborating she said, "I found Randwick Girls' to be a very inclusive and safe space which allowed me to pursue my interests and feel inspired."

Furthermore, she told us that she always knew that she wanted to pursue a career in something relating to English and History. Additionally, she is still not entirely clear on what her career will be after she graduates from university. She is only half way through he course and still plans to complete both an Honours year and Post Graduate study with a Masters degree, giving her plenty of time to figure things out. She stated, "My advice is to simply choose what you are passionate about and things will work out."

Paloma also provided us with some helpful school survival advice, stating that we should always "maintain a balance between studying and doing things you enjoy. Make sure to stay organised and on top of your assignments, especially in your senior years, but try to not let academia dominate your life."

## Our New Canteen....

#### An SRC Report







This year at Randwick Girls' we welcomed a new canteen!

Nick's School Canteens has been a great addition to our school community, providing everyone with delicious and fresh recess and lunch options that are not only healthy but are also made onsite each morning for us all to enjoy. They always keep our stomachs full and satisfied with their daily specials! Each morning, students will find, on either the whiteboards or on the electronic notice boards situated around the school, the specials that are being served on that day, which range from burgers, to stir fries, to nachos. The range is amazing!

But it's important to get in quick or else they sell out!

That's why we recommend that you secure these ever-popular specials by pre-ordering, either in person in the morning or by using <a href="https://flexischools.com.au/">https://flexischools.com.au/</a>

We are lucky at Randwick Girls' that the canteen uses the Flexischools ordering system which allows us to pre-order recess and/or lunch from the canteen and it is in this way that we avoid wait times.

So, you may be asking what is Flexischools? Well, it is Australia's #1 school canteen online ordering system which ensures that all orders are complete and correct, whilst also saving time for both the student and our amazing canteen staff. Flexischools have an app and website where you can create an account for your child and remotely order their food for lunch and recess, either on the day or in advance. By using Flexischools, you can even customise each meal according to dietary requirements or personal taste. The menu is always updated to reflect the current specials and gives an insight into what specials will be served later in the week. It allows for cashless convenience. Just simply top-up the account using your credit card and order away! Flexischools is an amazing tool and it is highly encouraged that you use this helpful system.

Thank you to Nick and his lovely kind staff, Daisy, Billie and Lisa. Keep up the good work!

Sophie and Anna







We acknowledge and pay respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



#### **WELCOME BACK!**

We hope everyone had a fantastic winter break! Our next meeting is Mon 15th Aug at 7pm via Zoom.





#### **URGENT UNIFORM DONATIONS!**

We are urgently seeking donations of clean, good condition, pre-loved uniforms for our Term 3 pop-up shop! Please drop off items to the school office next week (1st to 4th Aug). Volunteers will be sorting next Fri 5th Aug and our pop-up shop will be on Fri 12th Aug.



#### **TEACHER SHORTAGES IN NSW**

If you are a parent/guardian of school aged child/ren, a teacher or a principal, NSW Parliament is seeking your views on the factors contributing to teacher shortages, and how they can be addressed. Submissions close Sunday.

https://www.parliament.nsw.gov.au/committees/inquiries/Pages/inquiry-details.aspx?pk=2882



#### **INDIGENOUS GARDEN - EXCITING NEWS!**

Ali Hall (First Nations Team/TAS) and Rolfe Kolbe (parent) have been busy purchasing beautiful native plants from the Randwick City Council nursery thanks to a \$500 donation from Mayor Dylan Parker. At the next P&C meeting we will call for support to donate P&C funds for more plants. Then there will be an exciting opportunity for families to sponsor a plant or section of plants. More details to come soon!



#### **WELLBEING SEMINAR TUE 6 AUG**

Don't forget to register for the upcoming wellbeing seminar on "Healthy Online and Offline adolescents" with guest speakers Dr Ming Chow and Michael Carr-Gregg. Next Tue in the MPC.

https://www.eventbrite.com.au/e/healthy-online-and-offline-adolescents-a-wellbeing-seminar-tickets-370329735207



**\$5 - \$10** 

# pre-loved UNIFORM SALE!

Term 3 - Fri 12 Aug

08:15 - 09:00



#### ITEMS \$5\* | CASH OR CARD | NO REFUNDS

\*excludes jackets/jumpers @ \$10 | condition as found, no returns, no change rooms.

#### **DONATIONS**

Clean, washed, wearable uniforms can be donated to the school office Mon 1st Aug to Thu 4th Aug

#### **VOLUNTEER**

If you would like to help, or seek more info please email randwickgirlshighschool@pandcaffiliate.org.au