



RANDWICK GIRLS HIGH SCHOOL
Barker St, Randwick, NSW, 2031 | 9398 3233

NEWSLETTER

TERM 1 | WEEK 6B | 7 – 11 March 2022

Website: www.randwickgirlshighschool.com.au

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HIGHLIGHTS

- From the Deputies
- Science Faculty Report
- PD/H/PE Faculty Report

WELCOME

PRINCIPAL'S MESSAGE

Dear Parents and Caregivers

I am pleased to start this newsletter edition with congratulations to the Visual Art students who have entered their artworks at Randwick City Council's International Women's Day Art Prize recently. The RGHS' entrants were remarkably successful with Niranjana of Year 12 awarded first place for her painting titled *Joker*. Jessica of Year 11 won the Councillor's Choice award for her mixed media artwork titled *Mistress*. These artworks were picked over many other outstanding artworks by the public and private schools in our area. Overall, there were only four prizes on offer and our girls took fifty percent of these! What a feat!

Both Niranjana's and Jessica's artworks are currently on display at the Lionel Bowen Library Gallery. If you are visiting this library, do look out for their artworks. If you are not, why not plan a visit anyway? Congratulations to our Visual Arts students who are aptly supported by their teachers.

Principal's message continued on next page



Principal's message continued

Last Tuesday (8 March) was the 2022 International Women's Day. We have postponed our assembly to mark this important occasion, to this coming Monday (14 March) in the hope that the weather will be fine enough to hold an assembly on the Quad. This year's theme *Changing Climates: Equality today for a sustainable tomorrow* recognizes the important contribution of women and girls in addressing the issue of climate change and building a more sustainable future. Please join me, other women and girls in Australia and the world in hoping for, and working towards an environment where women can fully participate and thrive in their homes, workplaces and across the communities they live in. In doing so, the world we live in, in turn, will improve their economic security and wellbeing across the generations by creating a more sustainable social climate which embraces both genders.

The rainy season which we have just experienced has indeed caused a great deal of misery for people living around us. We are fortunate to be spared this tempest. The SRC (Student Representative Council) leaders are looking at ways in which our community can join together and assist other not so fortunate communities. I will keep you posted as more information is known.

The wet weather is also a reminder that it is necessary to acquire more uniform pieces for your daughters so that they can come to school dressed in full school uniform every day. I appreciate your uptake. I have also heard that there are parents who are concerned about the uniform quality and quantity. If that is you, please send your concerns directly to the uniform supplier, Wileys. Representatives from Wileys will also be at the next P&C meeting to answer your concerns.

This coming Tuesday 15 March is the 2022 RGHS Open Night, when our visitors will meet the Principal, the teachers, and students. They will also be informed of our outstanding curricular and co-curricular programs. Through this visit, they will realise that they do not need to go elsewhere for their daughters' education, as they

will receive the same, if not better education at Randwick Girls' High School. We appreciate our whole school community, our parents and carers spreading word of the Open Night opportunity, and a chance to see the school in action, amongst your neighbours, friends, and workmates.

Until next time.

Lucy Andre
Principal

From the Deputies

In 2022, we will continue to build the learning capacity in every student, by providing authentic opportunities for our students within and outside the classroom. Literacy, Numeracy, Enrichment Programs, Debating, STEAM, before and after School Clubs, Ensembles and Sporting activities will continue to dominate our learning culture.

The Happiness HSC Advantage

It was wonderful to observe Year 12 in the HSC Happiness Workshop on Tuesday 8 March. The workshop introduced students to strategies and techniques to increase wellbeing and reduce stress and anxiety. The Session covered three stages of Peak Performance, how to change negative self-talk and thinking and introduced the students to the effective *Tapping Technique*.

PIP and POP Culture Incursion

On Wednesday Society and Culture Students participated in a well-received PIP and POP culture school incursion. This provided students with opportunities to develop social and cultural literacy and understand how interactions shape human behaviour, whilst developing research techniques for their Personal Interest Projects and content analysis for film studies.

Thank you, Ms Jansen, Ms Baldeo and Ms Bilir, for your innovation and dedication.

Continued on next page

International Women's Day

Jessica one of our Student Leaders reminded us on Tuesday 8 March that International Women's Day is a time to reflect on progress made, to call for change and to celebrate acts of courage and determination by ordinary women who have played an extraordinary role in the history of their countries and communities.

As a learning community which educates and empowers women to be confident and take risks, we must never lose sight of the fact that all women must have equal rights and equal opportunities to build a sustainable future. I look forward to Monday 14 March, when we will celebrate *Changing climates: Equality today for a sustainable tomorrow* the theme of International Women's Day at our Randwick Girls' High School Assembly.

Safety on Public Transport

It is vital and important that all students use this service respectfully. Occasionally we receive emails and calls from people, including the bus company that students have not been behaving appropriately. Seniors are asked to be our eyes and ears, stepping up when they see other students not following our values. However, all students are asked to be respectful of the bus driver and students from other schools.

Everyone who uses public transport has rights and responsibilities when travelling on public transport.

Being independent means being responsible for managing your own safety as well as looking out for others, focusing on what's happening around you, managing your time so you are not rushing and making unsafe decisions and removing your earphones and putting your phone away when crossing the road.

Please remember to:

- stand well away from the kerb or edge of the platform when waiting
- mind the gap when boarding a bus or train
- stand clear of all doorways and keep all parts of your body inside the bus, train or light rail
- wait till the bus, train or light rail has fully stopped before you get off.

Regards
Ms Reilly

I hope that this report finds everyone safe and well, after enduring successive weeks of rains in the Sydney area. Our thoughts go out to all those families and communities affected by the recent floods at this difficult time.

As I mentioned in the previous report, I would ask that students be extra mindful about their conduct on and around buses. This extends to the way in which students enter and exit buses on Avoca Street, before and after school. Please ensure that you are lined up at the point furthest from the street while waiting to embark, and allow for pedestrian traffic to flow on the footpath. For those students who catch the 620 bus please be mindful that there are two services which stop at our school at the Avoca gate entrance.

Open Night will be held next week on 15 March 2022. We would really appreciate it if you could encourage anyone who is considering sending their child to Randwick Girl's High School next year to attend, in order find out about the wonderful things happening here, the subjects offered, as well as to view the facilities and meet the teachers.

Last Tuesday marked a very important occasion, being International Women's Day. Particular thanks goes to the SRC who addressed the school on the day, informing students about the significance of this international event. Randwick Girl's High School will come together as a whole school to commemorate this event during next Monday's DEAR time, in order to collectively celebrate this day at a whole school assembly. Year 10 will also be presenting information in relation to this year's theme. A special thanks to Ms Janen, Ms Whitty and Ms Dovellos, as well as to the SRC and Y10 students for organising this amazing event.

Lastly, Year 7 and 9 will receive their assessment booklets for 2022 during a Year Assembly next week. Please ensure that you write the dates of your assessment tasks in your diaries and term planners, to be well prepared and able to meet the deadlines as they arise.

Until next time
Mr Rekić

Science Faculty Report

Nicole Year 12

The National Youth Science Forum (NYSF) is a forum for Year 12 students with a passion for STEM and to explore career options across various STEM fields, giving students direction towards what they may want to pursue. It is also a fantastic opportunity to meet like-minded people and form great connections with others involved. This year there were 625 participants from all around Australia who zoomed in for around 2 weeks and listened to STEM professionals, breaking records with above 60% of those being women and around 30% from rural areas.

We also spoke to Nobel Laureates Brian Schmidt and Peter Doherty who shared with us their journey and gave an insight into the winding path of a career in STEM. We extracted strawberry DNA at home and learnt about science communication, speaking to the co-host of ABC's Corona Cast on ABC. Some highlights were the live crosses to Antarctica, the Hadron Collider in Switzerland and the Natural History Museum in London. Dr Karl also gave us an inspirational talk and The Great Barrier Reef Legacy enlightened us about coral and its scientific importance. UTS taught us about forensic science and talked us through analysing a crime scene, which was very intriguing.



Why we should farm microalgae- summary



enriches human food



low carbon footprint



desalination and growth in salty water, not precious freshwater



biofuel and fertiliser



sustainable livestock feed which boosts food products



minimal land use



water purification and enrichment with nutrients to boost crops



quick and easy to grow



Within the program, we were posed a challenge to come up with a way to boost agricultural profit in Australia by 2030 using sustainable practices which limit land and water use, and the submissions were judged by Australia's Chief Plant Officer. I led a team to research an idea I had about microalgae, which ended up winning out of all the entries! I also submitted another piece on Microalgae and how it can fight climate change, which is being judged by Australia's Chief Science Officer, and if it gets through that round, will be presented to the Prime Minister along with 5 other student ideas.

Overall, this program has further shown me the vast career paths within STEM. It has also made me recognise how some enticing areas aren't realistically what I wanted to do which is extremely important to figure out before I jump into any degree. I was opened to areas such as agricultural science and became more appreciative of the importance of coding and computer science in almost every area of science as we technologically evolve.

NYSF is linked with Rotary, and I am very grateful to Maroubra Rotary Club for sponsoring me to

attend this experience, and I would encourage other students in the year below to consider applying for this wonderful program.

Abby Year 12

Due to my keen interest in material science and engineering, I decided to join the Upcycling Materials group which involved conducting extensive research on the process of recycling coffee waste and ghost fishing nets to make a composite panel that combined the two. As a team of 6, we looked at two distinct types of panels with varying coffee and fishing net ratios [20% coffee, 80% fishing net, and 40% coffee, 60% fishing net], analysing and graphing the features of each material, as well as evaluating the material's life cycle. We were then given the task of devising an innovative approach to incorporate these panels into the design of everyday structures, our findings were then presented to other research groups. Overall, this program gave me the opportunity to participate in university-level scientific research while also broadening my knowledge on a variety of material testing and characterisation methodologies, thereby reinforcing my passion for science.



Upcycling Materials

Design, create and test a new material from waste products.

Holly Year 11

SciX is an advanced science program at UNSW which allows students of Year 11 and 12 to further their knowledge in a specific area of science, guided by highly educated PhD students as mentors. From the many science topics including CRISPR, Human Genomes, Quantum Chemistry, Tracing Viral Outbreaks and many more I chose Marine Biodiversity. Unfortunately, due to Covid restrictions, we (the students) were not able to go on campus and explore the labs and elaborate technology. But despite this obstacle I was still able to learn many new skills through the zoom lessons. It was a 5 day course focusing on the intertidal zone where I learnt about data collecting, types of data, analyzing my data and how to do data entries into R Studio a computer programming software. Through the online challenges, I got to do my own personal experiment at my local beach looking at the distance V's size of cunjevoi colonies (a fascinating marine animal). To collect this data, I used the quadrat method and measured many different cunjevoi



colonies. I was able to obtain some great results and scratch the surface of the deep world of marine aquaculture and computer programming. If there are any students that want to broaden their knowledge and scientific skills in a specific science area, SciX could be a very enriching experience that could help with future careers!

<https://www.science.unsw.edu.au/engagement/scix-school-extension-program>

Science News

We said goodbye to Mr Barsoum last year and wish him well at his new school. We welcome Ms Pham who has Year 7, Year 8, Year 10 and Year 11 Chemistry classes. We are sure she will be a great addition to the Science department.

The Science department has had a great start to 2022. All year groups have started off well with Year 7 familiarising themselves with the laboratory and Year 8 completing experiments on separation. Both year groups have assessments coming up and we wish the students well in those tasks.

Our stage 5 students are engaging well with the content as Year 9 are investigating disease and have a hand in assessment task due in week 8. Year 10 are also doing a chemistry-based topic and their task is week 9.

Finally, our Stage 6 students are working very hard in their different science subjects. Unfortunately, our excursion to Centennial Park for Year 11 Biology students was cancelled due to the rain. Nevertheless, they are working hard on their assessment tasks that are due in week 8.

Lyssa and Abby in Science Extension have also presented their first assessment task on their projects to Ms Andre, Ms Jordan and myself. We were very impressed by their hard work and how exciting their projects are.

We are looking forward to a good year in 2022 in Science.

Ms Chapman
Head Teacher



PD/Health/PE Faculty Report

After 25 years Mr Bruce Cuneo has farewelled the RGHS PDHPE faculty. Mr Cuneo was a dedicated, passionate and committed teacher and leader. Mr Cuneo will be remembered for his love of teaching and devotion to the students in their learning and wellbeing. A year at RGHS was not complete for Mr Cuneo without the annual trip to Jindabyne. His effort and preparation in organising the camp ensured it was a memorable highlight for any student who got to go, and a lifetime of memories were made. Students would return from Jindabyne with skills that would help them navigate senior school. Staff who worked with Mr Cuneo during his time at Randwick Girls, will no doubt be able to repeat many of his *Cuneo* jokes that were often shared multiple times. We wish Mr Cuneo all the best in his retirement.



The PDHPE faculty has hit the ground running in 2022. The staff are enjoying working with fewer COVID restrictions and seeing the students perform and compete in a wide range of sports. We welcome to the faculty Ms Virginia Pope and Ms Mara Safe.

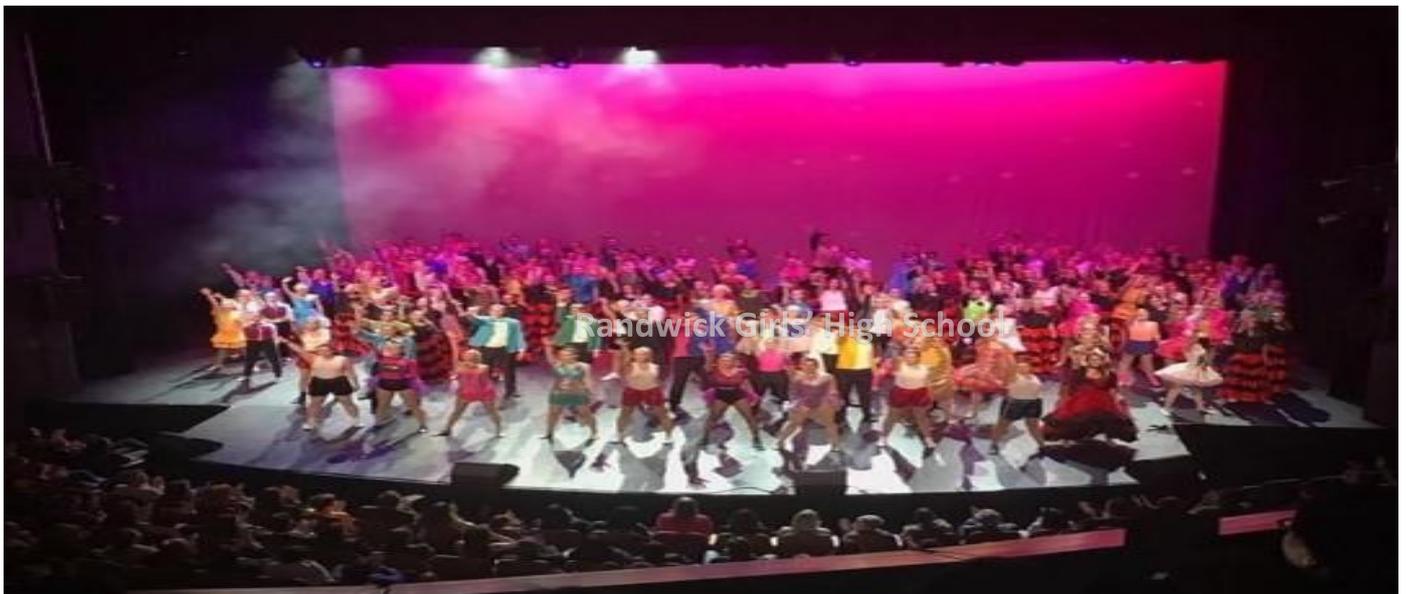
SCHOOL SHOW

The SHOW is back! All Cast and Crew have been working hard during rehearsals to master their technical and performance skills, in preparation for the NIDA performances in April.

Tickets are still available via Ticketek

<https://premier.ticketek.com.au/shows/show.aspx?sh=CITYSTAR21>

Cast and Crew are reminded to check The SHOW google classroom (**kg32qb3**) for all SHOW updates and rehearsal dates.



SWIMMING CARNIVAL

Congratulations to all students who participated at the annual school swimming carnival, held at the Des Renford Memorial Pool, Heffron Park. The carnival went ahead for all Year 7 and 12 students as well as competitors despite the challenging weather conditions and the ongoing impact of COVID.

Organised by the Sports Organiser Mrs Hodder, with the assistance of 15 staff, the carnival was a great success, with Bruce Sports House winning the Champion Swimming House award. Congratulations to Bruce House Patron Mr Hourcade and Bruce House Captains Celeste McNamara and Chloe Smith. Well done!

Special mention goes to the large number of Year 12 students who enjoyed their final swimming carnival despite wet conditions, as well as the Year 11 students who assisted with the successful organisation of the carnival. Congratulations to Kelina who competed in every event possible for her age group and broke a record. Records were also broken by Jinny and Carolyn. Congratulations to the following age champions:

Age Champions:	12yrs	Harris
	13yrs	Tahlia
	14yrs	Carolyn
	15yrs	Jinny
	16yrs	Lily
	17yrs	Sian & India
	18+yrs	Kelina



Randwick Girls' High School



Randwick Girls' High School

ZONE SELECTION TRIALS

RANDWICK GIRLS' HIGH SCHOOL

The annual zone selection trials for Touch Football were held on Friday 11 February at Nagle Park, Maroubra. Under constantly changing weather conditions our RGHS team were extremely successful having only one try scored against them all day. Seven of our students gained selection in the zone team and are invited to attend the Area Trial in week 10. Congratulations to Indyanna, Matilda, Sofia, Memphys, Tallulah, Bronti and Jemma.



On Friday 18 February the Netball trials took place at Heffron Netball Courts. The RGHS team played exceptionally well in very hot conditions. After losing a number of senior year 12 players, the new look team came together on the day played like a team who had been together for years. Congratulations to Indyanna, Iliana and Hannah who were selected in the zone team.



SYDNEY EAST KNOCKOUT Volleyball & Basketball

The RGHS Knockout Volleyball Team played Georges River Senior High School in the first round of the CHS Knockout Competition. Our students were from Year 8 to Year 12 with a variety of experience but came together to form one skilful and determined team. We were very competitive but narrowly lost in 2 sets.

Team members Manee (Captain and Player of the Match), Valentina, Sasithorn, Holly, Alena, Aurelia, Kristina, Alysandra, Chanel and Celeste.

The RGHS Open Girls Basketball team recorded their first win of the knockout competition against Sylvania High School. In the second round, they versed Endeavour Sports High School and were unfortunately defeated. Nonetheless, our students demonstrated outstanding leadership skills, resilience and teamwork throughout the entire competition. They all participated with great enthusiasm and respect. Go team!



Ms W. Thornton
Relieving Head Teacher – PD/Health/PE



St Vincent de Paul Society
 SYDNEY ARCHDIOCESAN COUNCIL *good works*

Kingsford Community Support Centre
 Level 2, 1A Meeks Street
 KINGSFORD NSW 2032

If you are in need of emergency assistance
 please telephone to make an appointment

9662 7380

Monday to Friday 9.30am-12.00pm — 1.00pm-3.30pm



First Aid course provided by ReVIVA (RTO ID 90176). Successful participants will receive the Statement of Attainment in Provide First Aid Course code: HLTAID003. This is a Nationally Accredited course.

COURSE OUTLINE

- + Principles of First Aid
- + Assessment of the Unconscious casualty
- + Injury and Trauma
- + Poisons, bites and stings
- + Environmental injury

OUTCOMES

- + Assess situations
- + Apply basic First Aid techniques
- + Communicate details of the incident
- + Evaluate performance

Saturday 26 March 2022

9:00am to 4:30pm

Cost is FREE.

Bookings are essential!

Alf Kay Eastlakes

Community Hall

16 Florence Avenue

Eastlakes



For more information or bookings
 please contact Council's Youth Worker on
yasemin.secim@bayside.nsw.gov.au





NEWS



randwickgirlspandc.org.au



We acknowledge and pay respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.



MORE THAN JUST SAUSAGE SIZZLES...

What is Randwick Girls' High School P&C Association?

We are the official representative body of parents and community in the school.



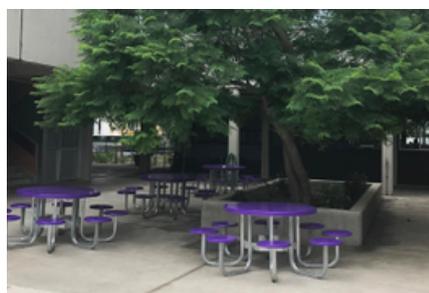
What are our objectives?

- Promote the interests of the school by bringing parents, carers, students and staff together in close cooperation
- Provide facilities, equipment and opportunities that support and enhance student learning
- Promote the recreation and welfare of students
- Encourage parent and community participation

What do we *actually* do?

We hold monthly meetings on the 3rd Monday during term and everyone is welcome. At the meetings we receive updates from the School Executive, P&C Executive and hear from parents and carers about any suggestions, ideas and concerns. WE ALSO...

- Attend ceremonial and special occasions at the school
- Sit on panels (eg interview, canteen & infrastructure)
- Form sub-committees (fundraising, working bee, uniform etc)
- Seek grants for additional resources
- Sponsor Presentation Day prizes
- Contribute to end of year staff celebrations
- Sponsor "The Show"
- Engage with parents via Facebook, email and website
- Help at school working bees eg indigenous garden
- Plan second-hand uniform "pop up" shops
- Source loyalty programs
- Lobby politicians for better public funding & teacher conditions
- Support various campaigns that benefit our community
- and yes, we do occasionally turn a sausage on the BBQ!





NEWS



randwickgirlspandc.org.au



WE NEED YOUR HELP!

We work hard on grants for most of our projects and we don't do a lot of fundraising, but we *do* need a bank balance for things like...

- P&C Federation membership & insurance fees
- Website domain and hosting costs
- Zoom subscription
- Catering for functions eg Year 7 Welcome, Open Night, BBQs
- Capital for future fundraising initiatives eg purchase of Book Packs for 2023
- Presentation Day awards
- Sponsorship for The Show
- A thank you for staff at the end of year
- Sponsorship of SRC initiatives
- Guest speakers etc, etc, etc...



We seek your P&C contribution!

Please donate to RGHS P&C Assoc | BSB: 032-257 | A/C: 546443 | Ref Family Name + Yr



JOIN US - AGM | MON 21 MAR | 7PM VIA ZOOM

Sign up to our mailing list for Agenda & Minutes >>



We seek nominations for the Committee! Are you interesting in campaigning, networking, social media, communication, website, gardening, event management, compliance/governance, accounting, retail, fundraising??? Please consider nominating so we can best represent our diverse school community (must be financial).

To find out more >>

Email for more info: randwickgirlshighschool@pandcaffiliate.org.au



YEAR 7 MEET & GREET | MON 28 MAR

We are excited to be able to meet & greet our new Year 7 families at RGHS this month!

Here's how you can help:

- come and welcome new families
- donate \$ for catering (ref: "Yr 7 Event")
- donate cupcakes/wraps/sandwiches
- help set up/pack up
- <https://forms.office.com/r/jdzfAQHWuj>

