



RANDWICK GIRLS HIGH SCHOOL
Barker St, Randwick, NSW, 2031 | 9398 3233

NEWSLETTER

TERM 4 | WEEK 8B | 28 Nov – 2 Dec 2022

Website: www.randwickgirlshighschool.com.au

Student Absent Line: 8345 8288

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HIGHLIGHTS

- **Step Out Speak Out 2022**
- **SRC Leaders Breakfast**
- **Alumni in Focus**
- **LOTE News**

WELCOME

PRINCIPAL'S MESSAGE

Dear Parents and Caregivers

Congratulations to our School Captain, Keira McNeill, who was selected recently for the National Schools Constitutional Convention in Canberra in March next year as one of 30 NSW student representatives. This program promotes understanding and informed discussions amongst young Australians about the Australian Constitution and our system of government. Keira represented the school recently at NSW Parliament House; and due to her strong participation, she was chosen to represent NSW Schools at the National level. The National Schools Constitutional Convention is organised and funded by the Federal Department of Education, Skills and Employment and administered by National Curriculum Services (NCS). Keira was chosen together with other students from the Independent, Catholic and Public systems.

We are extremely proud of you, Keira. We know that you will represent RGHS brilliantly.

Principal's message continued on next page



Presentation Day

Tuesday 13 December
1pm in the Multi-Purpose Centre

Come and help us celebrate our students' achievements in 2022

Principal's message continued

The school held a significant event last Tuesday when we met a large cohort of eager Year 7 (2023) students who were accompanied by their parents and carers at the annual Orientation Day. Any apprehension was quickly replaced by excitement, as students were introduced to some staff and students. The Orientation program included a formal welcome, followed by a tour of the school. The school leaders led the tours of primary students from different local schools. These school leaders, together with the trained Year 10 Peer Support Leaders, will be pivotal in guiding our newest students when the school year commences. We look forward to welcoming our Year 7 2023 students back on the 31 January next year as they take their places at this school, as Randwick Girls' students. Thank you parents, and carers for taking time out from your busy schedules to attend this year's orientation. A huge thank you also goes to the parents of the current RGHS P&C for participating in this year's orientation – the P&C stall (book packs and second-hand uniforms) was immensely popular! Thank you for your work, as always!

It has been a week since the commencement of the library upgrade, which includes the repair of the roofs. We are grateful to have the fine weather with us lately, which has allowed the project to continue without interruption. The contractor team has placed temporary fencing and scaffolding around the library building and at this time of writing the crane which was in situ for a day has been and gone. It has brought Colourbond roofing materials onto the roof, ready to be placed in position. Another contracting group will be clearing the space for the Woodwork room to be built, ready for the first Woodwork class in 2023. We are thrilled to offer woodwork for the first time at Randwick Girls' High School!

Recently we held two retirement dinners for Ms Jenny Robinson and Mr Bruce Cuneo. Both Head Teachers (of Creative Arts and PDHPE) have made significant contributions to RGHS and public education over their lengthy periods of service at this school as well as other schools. It was fantastic

to see their friends and colleagues gathered to celebrate their contribution and to reminisce about their time at this school. I am sure you will join me in wishing them all the best in their retirement.

Recently the school celebrated the success of some Year 12 students in their major works. These students include:

- Tallulah and Sunny. Their Visual Arts Major works were nominated and selected for Artexpress.
- Lily, Chloe, and Abi. Their Dance Core Performance pieces were nominated for Showcase.
- Chloe and Abi. Their Dance Composition pieces were nominated for Showcase.
- Abi. Her Dance Major Study Performance was nominated for Callback.
- Felicity, Ayva, Chloe, and Kirsten. Their Design and Technology Major Works were nominated for Shape
- Dimitra and Tegan. Their performances in Music 1 were selected for Encore.

These results are remarkable and worthy of praise!

Please join us on Zoom next Monday for an information evening on the Duke of Edinburgh program which will be on offer next year. Details are available in one of the following pages.

Until next time
Lucy Andre

From the Deputies

Step Out Speak Out March

Randwick Girls' High School SRC proudly joined the Step Out Speak Out walk on Friday 25 November. School Captain Keira and Vice-Captain Amy delivered a thought-provoking speech to raise awareness and commit to positive conversations to end domestic violence against women and families.

Year 10 Work Experience

Year 10 have successfully completed their work experience program. This is great opportunity for students to explore future career pathways and develop connections with the community in Industries of interest. The students have reported positive experiences and enjoyed learning new skills.

Orientation Day

Year 7 2023 have begun their introduction to life at Randwick Girls' High School. On Tuesday 29 November they, along with their parents attended Orientation Day. The day went well and allowed students to meet a number of key staff that they will be interacting with at the school next year. We look forward to welcoming all of our future students next year in 2023 to our vibrant school community.

Year 9 Peer Support Training

Our Year 9 students participated very enthusiastically and eagerly in the Peer Support Training on Thursday 1 and Friday 2 December, with a focus on how to best support our new school members in 2023. The Peer Support Program continues to drive excellence at our school and its success is measured in the 80 students who have shown an interest in being considered as a Peer Support Leader in 2023. Well done Year 9!

Special thanks to Ms Vo and Ms Fahy for leading and organising this Program.

Homework Centre

Thursday 1 December marked the conclusion of the Homework Centre program for 2022.

The students wished to express their gratitude to Mr Kominos and the dedicated UNSW tutors who have ensured that the students are given support in completing homework and assignments throughout 2022.

Congratulations Leanne



We would like to acknowledge and thank Leanne Bergan, our P&C Secretary, for leading the successful P&C grant request towards the A/V upgrade for the Randwick Girls' High School MPC.

This term, Leanne was recognised by Randwick City Council for her dedicated commitment not only to Randwick Girls' High School P&C but for her selfless commitment to volunteering, including Randwick Public School, Clovelly Crocs JRLFC, Clovelly Eagles JRFC, Clovelly Nippers and Randwick Boys' High School P&C. Leanne received a Kingsford Smith Community Service Award. We thank Leanne for her service to our school community, and for the significant impact she has had on our students. Congratulations Leanne on this well-deserved tribute!

Upcoming Events

The Randwick Girls High School Sports Assembly will be held on Tuesday 6 December in the MPC. The Sports Assembly recognises the sporting achievements of students who have excelled in one or more sports.

Regards
Ms Reilly



Proud to deliver

**THE DUKE OF EDINBURGH'S
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RGHS INFORMATION NIGHT
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VIA ZOOM

MONDAY, 5TH DECEMBER, 7PM

MEETING ID: 391 046 1521

PASSCODE: RGHS1111

Step Out Speak Out 2022

November 25 marks the International Day for the Elimination of Violence against Women.



The Step Out Speak Out Walk, organised by NSW Police Eastern Beaches Local Area Command and Randwick City Council, marks this significant day on a local level, raising awareness about domestic violence and asking everyone to stand up and say no to domestic violence.

So, on this very day, 25 November Randwick Girls' High School's SRC participated in this march, in solidarity alongside victims of domestic violence.

It was a great honour for our Year 10 and Year 12 SRC members to walk alongside the Governor of NSW, Her Excellency the Honourable Margaret Beazly; the Mayor of Randwick, Dylan Parker; Karen Cook, the Chief of Eastern Beaches Police Force; the Honourable Dr Marjorie O'Neill MP the Member for Coogee; the Honourable Matt Thistlewaite MP, the Member for Kingsford Smith; the Honourable Michael Daly MP, the Member for Maroubra and various members of our local police force.

Both Amy and I were privileged to participate as keynote speakers and MCs at this event alongside students from Randwick Boys' High School, Marcellin Catholic College, St Spyridon College and Champagnat Catholic College. This was made possible after a series of in-person and online speech workshops which gave us the skills we needed to be able to proudly speak to our wider community on the importance of recognising the dangers of domestic violence within our community, for it is not a private problem but rather a public issue that should be recognised as such.

It was truly moving to be present for all the vital addresses but more importantly to hear student voice being recognised on such a significant day.

I speak on behalf of Amy and myself when I say that it was the greatest privilege to be given the opportunity to be a part of and speak at this important community event representing every Randwick Girl and every victim of domestic violence.

Keira
School Captain



Student Leader's Breakfast

This year four student leaders from Randwick Girls' – Amy, Kiana, Maria and myself - were lucky enough to attend the Eastern Suburbs Student Leadership breakfast hosted by the Honourable Dr Marjorie O'Neill MP for the Coogee Electorate Area.

Being in the company of various public, private and catholic schools across the Eastern Suburbs provided a great forum for inter-school conversation, discourse and debate.

The focus of the event was the wellbeing services on offer at different schools and how we can promote overall wellbeing, as well as focusing on specific topics such as under-age drinking and nicotine and drug intake among youth in our community. We were grateful to have received and participated in a lovely presentation brought to us by Headspace Bondi Junction.

The Student Leadership Breakfast was an excellent place to make connections with our fellow student leaders and discuss what's working and not working in our school environments and wider community. It also provided us with the opportunity to discuss certain issues arising in our schools and how we can offer each other solutions in combating those problems.

Overall, it was an amazing opportunity made even better with a great breakfast and drinks provided alongside the view at the Coogee Bay Hotel.

There is no doubt that we were inspired, and we now hope to apply what we learnt at this event to our school leadership year!

Keira
School Captain



Alumni in Focus

A biannual profile of RGHS Alumni success

The RGHS student Alumni Team is proud to introduce the second installment of our biannual report.

It is incredibly inspiring to recognise, share and celebrate the successes of students in their lives post-school. We hope to continue to learn how our Alumni have used the core values in our CARE Model (Confidence, Acceptance, Respect, and Excellence) to reach their personal best, both at school and beyond.

I would like to thank Ruby Borer for her support in coordinating this article, as well as Mr Dunbar for his assistance.

I would also like to thank Elke Crosweller for sharing her advice and inspiring story.
Ms Garcia

In this issue, Elke Crosweller (2020 graduate)

Elke Crosweller (2020 graduate)

Former Randwick Girls' High School student Elke Crosweller graduated in 2020 with a keen enjoyment for all subjects, although had a particular passion for English, Ancient History and Studies of Religion.

Elke is in her second year of a Bachelor of Education degree, training to be an English and History teacher. She is also working as a Teaching Intern at St Andrew's Cathedral School, teaching a wonderful Year 8 English class once a week. Elke says that "as a soon-to-be teacher, [She] now see[s] [her] education from both sides of the mirror," encouraging current students to enjoy school to the fullest. She recommends getting involved in and trying as many things as possible, to not worry about being the best and



ignore other people's opinions. Elke also urges students to find what rests and recharges us to ensure that we can be a part of our school community in the best way possible.

Elke was the 2020 School Captain and says that she really enjoyed her time on the leadership team. She loved having the opportunity to listen to and advocate for her fellow students, contributing to the bettering of our school. Upon graduating, she was sure that she wanted to be a teacher but was not sure of which University to attend. This was when she heard about the alternative pathway known as the Teaching Schools Alliance, which allows her to train to be a teacher while being a part of a mentorship at a school. She is loving this opportunity and credits her enjoyment in this program to the fact that she followed what she loved doing at school.



Her main school survival tip is to be a good friend, stating that *"high school is confusing and overwhelming, and there is no reason to make it any harder. Look after yourself, take care of your health, and after that, help to love the people around you, because it is a guarantee that they need it!"* Additionally, she encourages students to join more clubs at school to allow them to learn new skills and understand other peoples lives better.

Elke truly believes that Randwick Girls' High School offers great education with teachers that truly care about helping students grow. Elke said that amongst the many important life lessons that Randwick Girls' High School taught her, the most important thing was *"to show conviction in my learning, to seek out learning and growth."*



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 A PLACE to GROW

Girl Guides is the largest not for profit organization for women in the world. We have Guides operating in over 130 countries around the world. *Empowering girls to be the Leaders of tomorrow* is the Girl Guide mission. All our leaders are volunteers

Randwick now meet on Tuesday and Thursday night at Totem Hall, Malabar Road South
Coogee and Daceyville Girl Guides meet on Monday night at Kingsford.

LOTE News

Year 11 French Beginners class excursion



On Monday 24 October, Year 11 French Beginners enjoyed an excursion to the Four Frogs Creperie at The Spot accompanied by our teacher, Ms Bates. Over a delicious morning tea of nutella and strawberry crepes (or crêpe nutella et fraise), we practised our French speaking skills while ordering coffee, asking for water and upon arriving at and leaving the restaurant. While it was a short (but sweet!) outing, it was a great opportunity to use our newly learnt French skills in person and was lots of fun. Merci to the LOTE faculty for organising this for us!

Daniela

French class learning



The Year 11 French Beginners class learn French sayings in a tight game of Memory

Fundraising



Running for
Premature Babies

Ms Bates (French and Spanish teacher) raised \$1500 for the Coogee Charity *Running for Premature Babies*. She rode 100kms, over the course of 2 weeks, raising money to provide life-saving equipment for premature and critically ill babies.

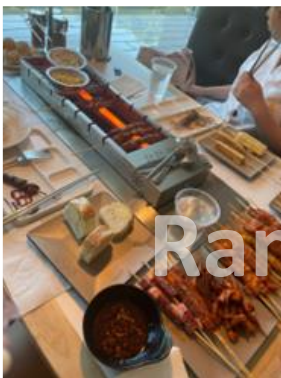
Chinese and Japanese BBQ Excursion

The Chinese BBQ excursion this term was an amazing and exciting journey. Walking through the streets near the location, we encountered many traditional Chinese stores and food stalls that gave off an amusing and calm atmosphere. When we came into the restaurant, it was very modern and inviting with self serving counters, comfy seats and lots of greenery . Getting to sit in little booths with our friends, picking out our own skewers and cooking them together was a really gratifying and relaxing experience. This excursion was an enjoyable yet educational adventure. It gave me a deeper insight into the food culture of China and I would definitely recommend this restaurant to future students!

Grace

On 22 November, the Chinese and Japanese students of Years 9-12 took a trip to Yummy Chinese BBQ for an immersive experience. The students saw a wide variety of ingredients available, including skewers of all different meats, seafood and vegetables, and sides of corn, bread, mushrooms, fried rice, pig ears, and dumplings, to name a few. There was also a fruit section, a sauce bar, and an ice cream machine. However, the grilling and BBQ aspect was the most memorable of the trip. Despite being a Chinese BBQ, I would say that the restaurant had Japanese BBQ-style aspects as well, as it had the traditional skewer Yakitori style that is commonly seen in Japan. Both Chinese and Japanese BBQs are focused heavily on how the meat is flavoured after it is cooked. This was interesting as students got to experiment with seasonings of different spices and the variety of sauces they had. The trip to Yummy Chinese BBQ was a BBQ experience that most students had never seen before. It was really interesting to see all the meats on skewers and grill them.

Cecilia



Research work after the excursion about the BBQ culture in different areas

Hong Kong Skewers
By Carolyn Mitchell BCh1

Fried Fish Ball
One of Hong Kong's staple street food is fish ball skewers. There are many kinds like fried fish ball skewers or curry fish ball skewers. These fish balls can be served with soup or on a stick.

Sausage and Pineapple
Another popular street cuisine is sausage and pineapple skewers in Hong Kong. With the meaty flavor of the Chinese sausage and the juicy rich scent of the pineapple make the best snack anywhere.

Bing Tanghulu
Bing Tanghulu is the Chinese name for candied fruit threaded onto a skewer. Back in the Song Dynasty, when one of the concubines was sick, they would give them berries dipped into sugar syrup and this is how it lead the way.

Hawker Stall Chicken
Street Hawker stalls were known as dai pai dongs which are little metal carts that served up an array of street food. Chicken skewers with peanut satay sauce is very popular.

Turnip Cake
Turnip cake or radish cake skewers are becoming popular in Hong Kong. It is crispy yet tender skewer that melts in your mouth.

NORTH CHINA SKEWERS
北方串烧

FLAVOURS AND CHARACTERISTICS
In Northern China and Xinjiang, the main flavour profile in skewers is spice. Xinjiang is particularly famous for its spicy cumin lamb skewers, as well as lamb and chicken entrails skewers. Chicken heart or gizzard with cumin is popular, as well as lamb kidney. There are a few types of vegetable skewers but it is mostly meat. Skewers are a popular street or fast food in North China and are sometimes served in wraps.

POPULARITY
Barbecue skewers and kebabs are extremely popular in Northern China. Street stalls can be seen everywhere in Beijing, which is in the middle of North China.

Year 9 Japanese Excursions

On Thursday, the 10 November, 9JA1 were given a great opportunity to visit the Niji Sushi Bar in Kingsford. On a tender sunny day, we walked there, full of excitement and rumbling stomachs to not only eat the tasty foods, but to experience the culture and connect with others.

There, we ate popular, traditional foods like sushi, sashimi, miso soup, don sets, tempura, teriyaki chicken, ramune and all other kinds from the Japanese cuisine.



This day gave for a real life experience of the very similar topic our class had recently done, involving ordering and conversing in a restaurant environment, learning how to ask for items and their amounts, recommendations, using common phrases like いただきます which means *Let's eat* and いらっしゃいませ which means *Welcome*. Furthermore, we got to learn different Japanese customs and for some, learning how to use chopsticks!

Our day ended with everyone all filled up without a single crumb left behind and feeling bittersweet about having to leave. However, everyone can unanimously agree that the excursion not only offered great food, but time to interact with Japanese culture, customs and each other and have fun!

Nanjiba

Books for Write a book in a day competition

A huge THANK YOU goes out to our two teams participating in the Write a Book in a Day Competition. They have raised an incredible \$447 for Childhood Cancer Research.

Their excellent books can be viewed in the library [here](#). Just search for our school's name in the top right corner.

To be honest, my original reason for joining the Write a Book In a Day competition was because it sounded fun. After learning what it was for though, it made me more motivated to finish our book. Being able to have fun putting together a book as a group as well as being able to help children in hospitals was a great experience. As a team we are very hopeful that our book has helped at least one child feel happier, or has served as a positive distraction to the stress and anxiety that comes with being in hospital. Our plotline was very wacky and most of it was set on a different planet which provides our intended audience with an easy escape. We also managed to raise a lot to put towards this cause as well. Overall it was a great experience and I highly recommend it to anyone who is thinking of joining it if it is on next year.

Phoenix

Year 9 Chinese student work - Chinese resume

By Naolin

Name 姓名: Naolin Yeoh		
Gender 性别: Female 女		
Birthday 出生日期/生日: 2008年9月5日		
Religion 宗教: -		
Zodiac 属相: Pig 猪		
Height 身高: 165cm		
Weight 体重: 90斤		
Expected monthly income 期望月收入: 6000元		
Foreign language level 外语程度: 英语八级		
Computer level 计算机/电脑水平: 三级		
Marriage status 婚姻状况: 单身		
Highest education 学历: 高中		
Emergency contact name 紧急联系人姓名: 王甜甜		
Emergency contact phone number 紧急联系人电话: 151 0473 8962		
Relationship with the emergency contact 与紧急联系人关系: 姐姐		
Email 邮箱地址: naolinstoptalking@gmail.com		
Current residence 现居住地: 悉尼		
Require a dormitory: 是否住公司宿舍		
Require a meal card: 是否需要餐卡		
Skills and Speciality 技能与专长: 我可以说英语。我的英语很好, 十八级。 我可以说中文。我的中文很好, 十六级。 我的电脑技能非常好。我会用很多的工作软件, 比如 Excel, Word, Photoshop.		Self-evaluation 自我评价: 我是一个很有耐心的人。我也是一根很有毅力的人。我很开辆, 喜欢和人说话。我擅长整理东西。我擅长和别人合作。

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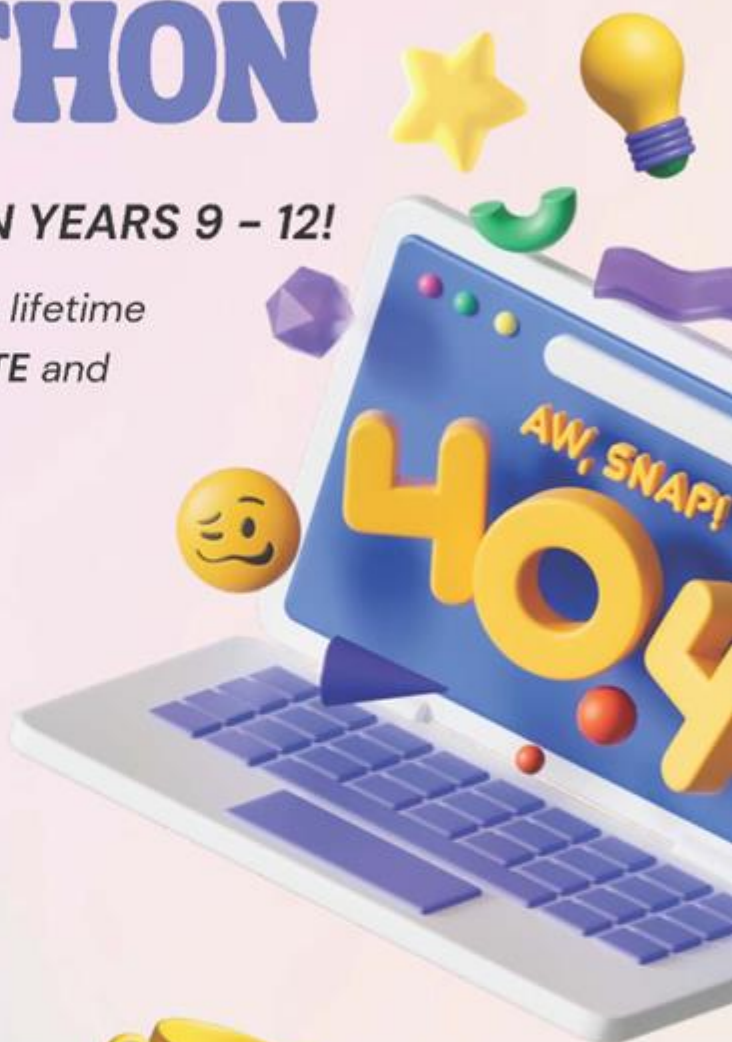


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17TH - 18 DEC

TIME : 10AM - 4PM



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We acknowledge and pay respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples. 

P&C Meeting Highlights

Thanks to all who joined us in-person and via Zoom for our final meeting of the year. It was great to see so many smiling faces. Highlights: P&C donating \$735 to Staff Xmas Lunch; Naplan results analysis; Newmarket update; PRG update; thank you gift from School Exec to Office Bearers: Shelley, Leanne & Venkat!



Year 7 Orientation | 29 Nov

It was wonderful to meet so many new families from our local primary schools at the Year 7 Orientation Day on Tuesday. We almost sold out of pre-loved uniforms and sold lots of our new Book Packs!

We made just over \$3k on the day! Sincere thanks to Shelley Borer, Natalie Martin, Irene Nordon, Amber Tornabene, Leanne Bergan and Belinda Simmonds for making the day a great success.



P&C
Randwick Girls' High School P&C

Book PACKS

ONLY \$40!

Our Year 7 Book Packs are the perfect way to get organised for the start of school!



Free School Holiday Events!

Manga Madness, 3D Printing & Photography workshops; introduction to Arduino and more!





*On behalf of the P&C, we wish you
a safe and happy summer break!*

Save the Dates:

Mon 20 Feb Year 7 Meet & Greet (helpers needed)

Mon 27 Feb P&C Meeting (please join us)



randwickgirlshighschool@pandcaffiliate.org.au



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