

NEWSLETTER

TERM 4 | WEEK 6B | 14 - 18 November 2022

Website: www.randwickgirlshighschool.com.au Student Absent Line: 8345 8288 Email: randwickg-h.school@det.nsw.edu.au





HIGHLIGHTS

- SRC Training Day
- Annual Working Bee

WELCOME

PRINCIPAL'S MESSAGE

Thank you to all parents who came to support the school during the recent working bee. It was a great occasion to work in the Indigenous and edible gardens together alongside our enthusiastic gardeners Ms Hall and Mr Kolbe. The community spirit was evident on that day with the garden looking so much fresher and greener, and the edible garden ready to be planted by our TAS teachers and students.

At this time of writing, building plans are well underway for several projects to be implemented at the school for the next 12 months. The first commencement project now as well as the summer break is the construction of the school's Woodwork room. This project has attracted quite an excitement among staff and students, including the 18 Year 8 students who had signed up for the first Woodwork class ever at RGHS next year!

Other projects in the horizon include upgrades in the Front Office, the Library, the playground, the area on the eastern side of the MPC, and the kitchens. Most of these projects will be undertaken during the school holidays due to the inevitable disruption, noise and dust; however, we do look forward to gaining these new learning spaces.

Over the recent weeks, the release of new syllabuses in NSW schools has been a feature of discussion in various forms of media. These reforms are in response to the Masters Review of the NSW Curriculum, named for Geoff Masters, the education researcher who conducted the review through 2019. The review found that many existing syllabuses were content heavy and overburdened with content, together with too many prescriptions. The new syllabuses have been released by NESA in draft form, commencing in secondary schools with 7-10 documents, initially English and Mathematics, followed by Science, Technology and Drama. In total, there will be over 100 new syllabuses released for schools in the next five years.

Principal's message continued on next page

Principal's message continued

The new curriculum requires teacher professional collaboration and support from the Department of Education to affect its implementation. Emphases will change including, for example, the addition of Depth Studies for all years in Science. As a former Science teacher, I can attest to the value of this addition. Community consultation is being sought through NESA on their website, 'Have Your Say' and teachers at our school have provided input, and so can parents, if they wish.

The school will continue to communicate with parents and carers when more information comes to light.

RGHS is proud to bring back the highly anticipated Full Circle Program in a few weeks' time. Ms Theodoris has been working with a team of teachers to prepare the activities and they look amazing! This year the program will be on Wednesday 14 December for all Year 7-10 students.

Until next time,

Lucy Andre Principal

Menstrual hygiene program comes to RGHS

The NSW Department of Education is introducing a menstrual hygiene program in every NSW public school. As part of the program, schools will receive dispensers that provide free pads and tampons (or just pads) for students to access during school hours.

Our menstrual hygiene program aims to reduce any barriers that may prevent students from participating fully in school life. Menstruation (and its unpredictability) may stop students from attending school or taking part in learning activities. There are also known health risks from using improvised sanitary hygiene products.

The program has been successfully trialled in 31 schools, with positive feedback received from Principals and students alike. It is now time to introduce the program at our school.

Visit <u>edu.nsw.link/MHP</u> to download a flyer about the program which is available in English and 8 other languages.

The NSW Department of Education has just launched a new campaign to promote the teachingprofession.

The *Teaching Opens Doors* campaign features a number of teachers and students from NSW publicschools and highlights the ways in which teaching opens doors to a number of opportunities within and beyond the classroom. You can find out more about the campaign at

education.nsw.gov.au/teachingopensdoors

From the Deputies

Art Express

Congratulations to Tallulah Eaton Lipman and Sunny Pather! Two of our year 12, 2022 graduates have been nominated for Art Express. This is a highly prestigious award and we are exceptionally proud of both students. The quality of their art works, as seen in the Art Exhibition held at school, was extremely impressive. A fabulous achievement!

Junior Exams, Check In (Reading and Numeracy) and Valid (Year 8 Science)

Our students have been in assessment mode this Term as they demonstrate the skills and knowledge they have refined across the year. The study practices they implement at this stage will set them up to deal with the transition from Year 10 into Year 11. It is important that parents do support students to understand the importance of setting up a study schedule, a clean study space and focused opportunities away from technology to ensure they perform to their potential.

The school uses the data we gather from these internal and external assessments to identify the gaps in learning in individual students and across the entire cohort. Teachers then refine their programs and teaching to accommodate these areas for improvement.

In reviewing our data, we have already found that students whose attendance is lower than their peers also have academic scores lower than their peers. We encourage all students to attend school every day to ensure they achieve their potential in all they do.

Schools Spectacular

It is with great delight and pride that we announce Randwick Girls' High schools participation in Schools Spectacular 'Creating the Magic.' This year Students will be involved in four incredible live performances at Qudos Bank Arena on 25-26 November.

Congratulations to our talented performers and special thanks to Ms Fagan and Ms Vaneris for preparing and supporting the Randwick Girl's High School Performers.

Mental Health Month

Is a chance to promote activities and ideas that can have a positive impact on our students' daily lives. In recognition of this, the Wellbeing team organised a variety of activities for Friday 18th November.

The theme for this was 'tune in' and students were encouraged to focus on what is happening in their lives and the world around them. Learners engaged in mindfulness and gratitude activities, as well as creating personalised self-care plans to support their physical, social, and emotional health.

One Wave, an external mental health provider delivered an empowering motivational session to students, whilst stalls were set up at lunchtime to enable understanding of local services young people can access to support their wellbeing.

Regards Ms Reilly Welcome to Week 7. We are over halfway through the term now and moving towards Christmas. Thank you to Mrs. Roberts for her dedication and care over the last 5 weeks.

Next week on 2nd of December, Year 7 have the My Resilience Workshop. My resilience equips students with strategies and responses to the most common hardships they will face as teens. Thank you to Vicky and the Wellbeing team for organizing.

Year 9 check in assessments have now been completed. Year 9 will still be learning in class, and I encourage them to take the work seriously as the work completed now may be important in Year 10.

Year 12 2023 are full steam ahead and have a busy time over the next few weeks with many assessments due. Can I please remind students and parents to read the assessment booklet and ensure that all misadventures are completed promptly.

Also underway for Year 12 2023 is the Life Ready program organized by the PDHPE faculty on Friday 25th November. Life Ready is a mandatory course designed to prepare and support senior students as they encounter situations related to health and safety as they become more independent and gain more responsibilities. It focuses on offering opportunities for students to build the functional knowledge and skills for life post school. This will be amazing for our students

I would like to encourage all our students to keep learning as the teachers continue to teach them.

Regards

Mrs Chapman







Costume Party Sustainable Fashion Workshop

Join us for the next Cities for Tomorrow workshop Costume Party where you design and build the future you want.

For high school aged students in the Randwick area, we will show you how to use cardboard to design and create your own costume. At the end you can join in the parade if you are game!

In this workshop we'll have some fun and explore how the types of materials and the way our clothes are put together can make a difference. This is important because Australians send around 80% of our clothing to landfill and much of it does not break down easily.



THURSDAY, NOV 24, 4-7PM

Randwick Sustainability Hub | For more info & bookings visit https://events.humanitix.com/c4i-2022-costume-party

Year 7 2023 Orientation Day

Tuesday 29 November

9am

MPC

SRC Update

A Leadership Seminar with Dr Margaret Varady

On the 20th of October 2022, the SRC was extremely honoured to meet and talk with Dr Margaret Varady AO, on the topic of leadership.

We were provided with valuable insight on how to be effective and efficient leaders so that we can ensure that our goals and dreams can become a reality. We focused on how our vision should not only aim to improve our school on both a physical and social level, but also needs to look beyond our community, to society at large.

It became clear that our role isn't just to have a voice, but most importantly to listen intently, with the intention of improving and changing our surroundings for the better.

The seminar also highlighted the importance of self-assessment and development, emphasising how each and every one of us needs to remember to work towards our personal best, to have morals and a purpose in life, to have an understanding of what inspires us in life and how we can inspire others to be leaders and most importantly, acknowledging our challenges and weaknesses.

We all wholeheartedly agreed that Dr Margaret Varady has extended our perspective on what leadership actually means and subsequently she has had an enormous impact on our goals that we hope to achieve in our upcoming leadership year.

We are immensely grateful to Dr Margaret Varady for inspiring us! We have gained great confidence in our leadership skills as well as enthusiasm in relation to our leadership year ahead.

Training Day

On the 21st of October 2022, our annual Training Day was held with the theme of the day being *Detectives* and *Investigators*.

Our day started on such a fun note with activities, games and competitions that served to provide us with the opportunity to get to know each other and come to understand each person's morals, ideas, and passions.

During our middle session, we were divided up into groups. Each group had a Year 12 leader and students from each year group. In these groups we were involved in careful and insightful discussion where we brainstormed the events and initiatives that we would like to deliver and accomplish for the remainder of this year and into next year.



SRC Training day cont....

With each student's voice heard, it is of no surprise that so many amazing ideas were brought up! The ideas included but were not limited to extra-curricular activities, sports events, fundraisers and charities to support.

This culminated in a Shark Tank activity and now we have many exciting changes and initiatives coming up!

After refuelling on the food brought in by everyone and the delicious pizza provided by Ms Andre, we were then set off with our detective caps on. We were lucky enough to take part in a scavenger hunt where we had to solve a mystery, one which left us all in shock and totally surprised before the day ended.

To conclude this amazing day, we once again worked in a collaborative manner. We used tape, magazines, newspapers and a single pair of scissors that always happened to get lost, to engage in our last competition which was to make an outfit out of the materials we were provided with. The judges were no doubt impressed by our creative skills but most importantly by our problem solving skills. It was so much fun!!

There is no doubt that our new leadership team has not only come up with incredibly valuable ideas to improve our school and broader community but has also built a strong connection with each other: passionate about working together.

A special and sincere thank you goes to our amazing Year 12s who worked tirelessly to organise this unforgettable day! There's no doubt that they were successful in connecting us all together and now what we have is an enthusiastic team with vision for the future.

We also want to thank Ms Dovellos, our SRC Mentor, who has supported us all along the way!

Our Training Day has certainly been a memorable and treasurable experience for everyone, and we are all extremely excited to create our goals and dreams for the following year, come true!

Nanjiba Munira (Year 9) and Eliafia Kidenya.(Year 7)











PDHPE NEWS

PD/H/PE

As a faculty, the PDHPE staff would like to congratulate the graduating cohort of 2022 on their completion of their HSC Exams. We are all so proud of you for all the effort and sacrifice you have made over the past 12 months. We wish you nothing but success for your future.

School Spectacular

Randwick Girls students were successful in their dance audition for the 2022 Schools Spectacular to be held at Qudos Bank Arena on Friday 25th November and Saturday 26th November. Students have been working hard at rehearsals to master the contemporary choreography and their performance skills. We wish these selected dancers the best of luck for their preparations and performances. Tickets available via ticketek



New Teacher - Daniel Gonzalez

Hello Randwick Girls High School community! Thank you very much for the very warm welcome. I am beyond grateful and excited to be a part of such an amazing school and community. I aim to give my absolute best in supporting each and every student in achieving their learning goals and becoming the very best versions of themselves in PDHPE and Sport. I look forward to working with and meeting you all.





ANNUAL WORKING BEE SUCCESS



On Sunday 6th of November, we held our annual Working Bee. We want to thank all the students, parents, teachers and executive staff as well as the wider community members who came to lend a hand. The aim of the day was to complete some aspects of our Indigenous Native Garden, start the new Veggie Garden (located outside the front office) and start the Queen's Jubilee Garden (Avoca Street Gate). The day was led by project leaders Rolf e Kolbe (Mathematics) and Alexandra Hall (TAS / First Nation's Team). Our local MP Dr. Marjorie O'Neill also popped in to cheer up the team and discussed the sustainable initiative with us.

Indigenous Native Garden

Our Indigenous Native Garden started as a humble idea to create a space where we could learn about as well as to grow native plants and herbs. After securing a grant through the Sustainable School Project and bringing 'ideas man' Rolfe Kolbe on board the project grew to transform the space far beyond being a herb garden. Ms Hall's conversations with our First Nations students highlighted students' desire to have a space at school where their cultures could be visible, celebrated and all members of our school community could learn about and respect various aspects of Aboriginal and Torres Strait Islander cultures. The garden not only seeks to encourage sustainable gardening practices but also seeks to help our wider community engage in learning activities in sustainable and interactive ways.

Planning and design began in 2020 BC ('before Covid') and over the last 2 years we have excavated, hard- scoped and recently soft-scoped the area. On the day of the Working Bee, volunteers painted the surrounding wall ready for Year 8's mural to be painted later this term, moved, de- nailed and prepared timber which will form the eastern fence. They also put mulch on the ground and planted some indigenous plants. Trees in the top level of the garden in the space will grow to provide much needed shade to the area in the future, creating a nice outdoor learning space. We cannot wait to see it evolve and change!





ANNUAL WORKING BEE SUCCESS

Year 8 GITI (Girls Inspired to Innovate Program) 'Transforming Spaces'

Year 8 GITI students have engaged in learning about the First Nations peoples' connection to country and the importance for caring for country. Students were tasked with researching the ideal conditions of plant growth for native species endemic to our area and researching a range of native plants and their purposes (food, medicinal) and cultural applications (ceremonies, traditions, weaving).

Students have designed plant signs which feature QR codes which will be scanned by people in the garden to then access highly commended infographic and media that teaches others about the plants' applications. The GITI Team members are currently reviewing submissions and will announce finalist projects that will be integrated into the garden at the end of this term. This will then become a permanent interactive learning feature which current and new students, as well as the community to engage with.







Queen's Jubilee Garden
Thank you to the P&C for
applying and securing
money for a new garden to
commemorate the Queen's
platinum Jubilee. This will
belocated on the hill, which
is near the Avoca St Gate.



TAS Veggie Garden

The TAS Veggie Garden has begun! At another time, Mr Kolbe and Ms Hall used the Dingo mini loader to skim and prepare the corrugated veggie garden planters which were built by the Wednesday Garden Group last year. These were set in place and volunteers on the day loaded the wheel burrows up with fresh soil to add to the planters. These will be planted with an array of vegetables, fruits, and herbs next year as a part of the 'Grow Your Greens' unit where students will examine conditions for optimal plant growth to grow their own fruits, veggies, and herbs. They will be used in dishes planned and prepared in TAS food technology classes.

Thank you!

Thank you to all of our parents, carers, students, staff and the wider community for volunteering their time, muscles, expertise and energy to make the day so special. The community spirit was felt by all, and we cannot wait for thenext one!



Project Leaders

Rolfe Kolbe
(Mathematics Teacher)
Alexandra Hall
(TAS Teacher/ First Nations Team)



RGHS P&C Leanne Bergan



Chef of the Day! Charlie Cheng (LOTE Teacher)





We acknowledge and pay respect to the past, present and future Traditional Custodians and Elders of this nation and the continuation of cultural, spiritual and educational practices of Aboriginal and Torres Strait Islander peoples.

P&C Meeting | Mon 21 Nov

Our final P&C meeting for 2022 will be on Monday 21st November and we are really excited that after a long break, we will be meeting in-person! Everyone is welcome.

Please note the earlier start time at 6pm in the school Library. We will have drinks and nibbles after the meeting and we will provide a Zoom link too for those who can't join us in person.

Year 7 Orientation | 29 Nov

We are looking for helpers to meet and greet new families on the Year 7 Orientation Day Tue 29 Nov (mid-morning)

We will be selling Book Packs for \$40 and preloved uniform items, as well as answering any general questions that families might have.

Please reach out if you can help us on the day: randwickgirlshighschool@pandcaffiliate.org.au







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P&C membership/donations: RGHS P&C Assoc BSB 032-257 A/C 546443