

# NEWSLETTER

# TERM 1 | WEEK 5B | 24-28 February 2020

Website: www.randwickgirlshighschool.com.au

Student Absent Line: 8345 8288

Email: randwickg-h.school@det.nsw.edu.au



# **HIGHLIGHTS**

- Melbourne Dance Tour
- Welcome Year 7
- P&C Report
- Wylies Uniform Shop has moved

# **WELCOME**

# PRINCIPAL'S MESSAGE

**Dear Parents and Caregivers** 

It is very pleasing to report that our students have settled into their learning for the year, with earnestness and dedication. I know that in many classes students are already busy preparing for their first assessments of the year. Equally important to note is the level of participation in our co-curricular and extra-curricular opportunities. I am very pleased to see the School Show in full swing with dancers, actors and singers engaged in rehearsing; the RGHS debaters engaging in training so that they can stand up well alongside other schools' debaters in the upcoming Premier's Debating Challenge; the Homework Club attendance with students working until 5 pm on Monday and Thursday afternoons, and so on. The staff and students have indeed been very busy in the past five weeks! I thank them for their great work.

Yesterday the school held a whole school assembly. At this assembly I reiterated to the students that I was proud of them. Again, I told them that I have been deeply impressed by the way students embraced learning and opportunities available at this school, as they aspire to achieve their personal best.

Principal's report continued page 2





### Principal's report continued

The diligence and the engagement of students as I joined their classes in the past few weeks have been very evident as well as encouraging. Well done students. We also focussed on ovarian cancer at the assembly and our invited guest speaker Heather Hawkins encouraged our students to be aware of their own body. As a survivor of ovarian cancer herself, Heather's zest for life and her ability to use her illness as a springboard to embrace challenges such as the North Pole Arctic Marathon Challenge is inspiring!

## **High Achievers' Awards**

This is a new initiative which awards students who are considered to be high achievers in any of the three categories; achievement, diligence and attendance. The awards will be given at a school assembly twice a year. This is a positive reward in recognition of students on a semester basis. Parents will be invited to attend. The first assembly will be in Term 3 of this year and will celebrate students' work in the first two terms of this year. The second one will be in Term 1 next year recognising work in Term 3 and Term 4. Please note that these assemblies are additions to our positive rewards at our school. The other student achievements ceremonies, such as the annual Presentation Day, Sports Assemblies, and the Year Assemblies will remain.

## Year 7 Meet and Greet evening

The last Meet and Greet evening held was a great success. The library courtyard provided an informal setting for parents to meet their daughters' teachers and the school's executive and staff on 17 February. I would like to thank the Year 7 parents for making time to meet their daughters' teachers and other parents. A special vote of thanks goes to the P&C for putting on the wonderful barbecue for the evening.

#### **Homework Centre**

Again, I would like to recommend, for every student, assessments and homework help from university tutors every Monday and Thursday at the school's Homework Centre, from 3:30 to 5:00 pm in the library. Students can attend every week, or they can drop by whenever they need assistance. A teacher from the school will also be present to assist your daughters. This important opportunity is available at no cost to the families.

## Student achievements

Congratulations to India of Year 10! She has been selected for the NSW Combined High Schools Girls Under 15s Team.

Also congratulations to Astrid and Tehya both in Year 11! They have been successful in obtaining a position RANDWICK GIRLS' HIGH SCHOOL

in the 2020 Years 11-12 HSC Dance Masterclass run by the Arts Unit of the Department of Education.

Well done to all students.

### Statements of Accounts

Please note that all monies collected from Voluntary School Contributions is assigned to the educational needs of the students at Randwick Girls', in the areas of textbooks and computers as well as laptops. We thank those families who have already paid and urge all families to do so enabling the school to purchase these vital educational resources for our students.

## P&C Donation (repeat item)

You are encouraged to support the school through your financial donation to the P&C of a contribution of \$50 per student. This year, the monies collected by the P&C will be donated to the school to assist in upgrading teaching resources as a direct result of the introduction of the new syllabuses across the school. I thank you all in advance for assisting the school to provide more resources for our students.

# School Driveway (repeat item)

The Randwick Girls' School driveway is a shared driveway for both Randwick Girls' and Randwick Boys' Staff, as well as deliveries and pickups for the canteen and the Randwick Council rubbish collections. As such it is a very busy driveway.

There is a pedestrian walkway for students to gain access to the school. Students, however, also use the crossing on the driveway to get into and out of the school buildings.

As a result, parents are not permitted to use the driveway at any time. This is for safety reasons. If you believe you need to access the school's driveway, please enquire at the front office. A limited number of special passes are available.

## Year 11 and 12 Best Start program

I would like to request that Year 11 and 12 parents encourage their daughters to utilise the library on Wednesday afternoon to catch up on assessments if required. Students who fall behind on assessments will also be automatically referred to this program. There are designated teachers during this time in the library assisting students to complete their work.

Lucy Andre Principal

# FROM THE DEPUTIES

Year 7 students, through their involvement in the orientation program, have successfully integrated into the school community. This process has been assisted by our Peer Support program, which will continue in Terms 1 and 2, leading up to the Year 7 annual camp.

Our annual Year 7 Meet & Greet, organized by our P&C was well attended by many parents, interested in their daughter's first days of secondary education at Randwick Girls' High School. We look forward to a close association with these parents for many years as research clearly indicates that a successful education is based on a partnership between the student, their parents and the school.

Currently all Year 7 students are preparing for the Year 7 Gala Sports Day to be held towards the end of Term 1. The students are coached by the Year 10 Human Movement classes and each week they participate in a program of skill development and game play.

This year sees Year 8 study a language other than English for a compulsory 100 hours (6 periods per fortnight). This year the languages being undertaken are Spanish, French, Japanese and Chinese. It is hoped that after this intensive language program, some of our students will select to learn a second language as part of their elective subjects in Years 9 to 12.

This year, in order to assist the understanding of educational concepts in Stage 4 History and Geography, the school has reassigned the period allocation for these subjects. This will allow students to gain a greater knowledge and understanding of syllabus content and allow for in depth study of subject topics. This means that Year 7 has 100 hours of Geography (6 periods per fortnight) and Year 8 will study 100 hours of History (also 6 periods per fortnight).

Year 12 students are currently working hard towards their second HSC assessment task in all subjects. Results in these assessments go towards the development of the school assessment mark, that in conjunction with the HSC exam, leads to their final HSC result.

Parents of Year 12 students will be able to gain a greater insight of their daughter's progress by organizing an interview at the Years 11/12 Parent Teacher Night on 5 May. Information on how to book an interview timeslot will be made available closer to this event.

Mrs Posener Deputy Principal

**RANDWICK GIRLS' HIGH SCHOOL** 

With the midpoint of term 1 rapidly approaching, the school has well and truly shifted into top gear. Years 9 and 10 are settling in well, with teaching across all Key Learning Areas underway. The school has successfully implemented the new Engineering course for Year 11, with an opportunity for some students in Year 10 to accelerate their studies by undertaking this subject. All reports are that students are really enjoying this subject, and a special thanks to Ms Neroutsos and Ms Stolzenheim for all their hard work and efforts in setting up this new course.

I encourage all students to take the initiative early on in the year, and start preparing and organising themselves for the work that is coming up in the weeks and months ahead. To this end, I would like to remind everyone that the Assessment Schedules for all years available (https://www.randwickgirlshighschool.com.au/newpage-2), and recommend that students begin mapping out the due dates for all their assignments using a term/year planner. If you would like any assistance or guidance on how to do this, please speak to a teacher and/or Year Advisor. Organisation and preparation are an integral part of achieving your personal best, and now is the best time to start developing and implementing a process to help you stay on top of your school work.

It is also with great excitement that we see the fruition of the work that Ms Barlow and the Future Education Team have put into establishing the school's STEM based Project Based Learning (PBL) program. Focusing on the issue of sustainability, the current Year 7 cohort have had the opportunity of putting into practise key learning from the Science, Mathematics Technology curriculum areas, within a horizontally integrated term long project. So far they have tested the logistics and practicalities of designing a functioning windmill from recycled materials, and through trial and error (and a lot of fun along the way) witnessed just how the theory in these subjects areas have translated into a practical, working model. A special thanks to Ms Barlow and Mr Brand for working to coordinate this program, as well as their teachers who have given considerable time and energy to make this a very special, and highly engaging educational program.

Mr Rekic Deputy Principal

# **MELBOURNE DANCE TOUR**

This week a selected ensemble of Elective Dance Students attended the annual Randwick Girls' High School Melbourne Dance Tour.

48 hours in Melbourne consisted of dance workshops and technical classes at four high profile dance studios, where students participated in workshops led by experienced industry professionals. This enhanced their performance and technical skills as well as providing them with an industry network.



They visited the VCA (Victorian College of the Arts) and observed students during class, as well as being taken on a highly valuable campus tour. Students were overwhelmed with the choices and options available for tertiary study in the arts. At the Channel 10 Television Studios, they were part of the live audience for The Project. This experience was particularly valuable for students who are studying both <u>Dance</u> and <u>Entertainment Industry</u> (VET).

I would like to thank Ms Fagan & Ms Reilly for the outstanding organisation of this tour, as well as for their continued support for the performing arts at the school. Thanks also to the school staff who willingly taught Ms Fagan/Reilly's classes back at school to ensure continuity of teaching & learning for all the students at RGHS.



## B. CUNEO (Head Teacher - PD/Health/PE)





**RANDWICK GIRLS' HIGH SCHOOL** 

# WELCOME – Year 7











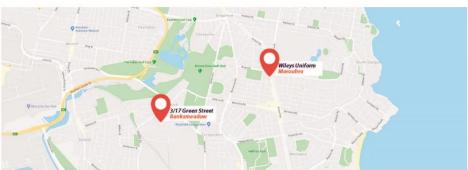


# Voluntary Student Activities of a Religious Nature (VSA)

Group title	Meeting time and place	External volunteers / organisation	Teacher overseer
Jewish Club	Friday lunch Room 108	Board of Jewish Education (BJE) and Jewish Education	Mr Kaplinski
Christian Club	Friday lunch Room 401	Inter School Christian Fellowship (ISCF) associated with Scripture Union	Position vacant, currently overseen by SRE coordinator S. Kennedy
Muslim Prayer Group	As per tradition which changes with seasons, usually lunchtime Room 407	No volunteers involved	Ms Ama Ali

# **WYLEYS HAS MOVED**





Wileys will continue to offer the same friendly & efficient service from our new address,

3/17 Green Street, Banksmeadow NSW 2019.

Our phone number will remain the same & our online ordering & delivery service will continue as usual.

# YEAR 10 HUMAN MOVEMENT COACHES

Each Wednesday afternoon Year 7 students practise their sporting skills under the watchful eye of their YEAR 10 HUMAN MOVEMENT coaches, as they are organised into teams to compete against other local high schools at the annual Year 7 Gala Sports Day. Each session begins with a warm up, followed by skills practise & a small game. Special thanks to these students who organise, coach & umpire/referee the Year 7 students each week under the supervision of their sports teachers, as well as Ms Thornton who assists in the development, implementation & review of each week's coaching plans.

B. CUNEO (Head Teacher - PD/Health/PE)









# PD/HEALTH/PE Happenings...

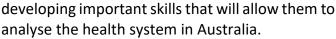
YEAR 11 students are busily organising themselves in preparation for the annual Jindabyne Sport & Recreation Camp, to be held over 500kms away in the Snowy Mountains. The aim of this excursion is to allow students to participate in a program designed to supplement the needs of the compulsory *Life Ready* (Personal Development/Health) course for all Year 11 & 12 students at Randwick Girls' HS. Those students not attending the Jindabyne camp will participate in a compulsory educational program to be held at school at the same time.



YEAR 10 & 11 ELECTIVE DANCE students have had the opportunity to prepare for their HSC Dance performances by participating in the school's annual *Dance Tour* to Melbourne, where they gained valuable dance performance & choreography skills. (See additional article.)

YEAR 10 HUMAN MOVEMENT students have also been investigating how athletes learn new skills by taking part in practical workshops involving juggling, cup-stacking, spinning hula hoops & throwing with their non-preferred hand. After participating in a practical application lesson, the students reported on the problems associated with coaching young athletes. These students are currently coaching the Year 7 sporting teams in preparation for the annual sport's Gala Day held at the end of Term 1. Each group of Year 10 Human Movement. (See additional article.)

YEAR 12 PD/HEALTH/PE students are currently investigating the *Health of Australians* as part of their HSC Course. By investigating priority health issues, health inequities, health care & health promotions, the students are



YEAR 11 PD/HEALTH/PE students are investigating Teenage Health Issues — Road Safety, Drug Abuse, Mental Health, Nutrition, & Relationship Health, as well as the value of regular Physical Activity.















**YEAR 9 HUMAN MOVEMENT** are continuing their study of *Body Systems*, as they analyse the way the body works to produce efficient & productive movement. Understanding how the skeleton, muscles, heart, lungs & energy systems work together to create movement, allows the students to produce effective sporting movement.

YEAR 8 P/HEALTH/PE & YEAR 9 HUMAN MOVEMENT students are taking part in a program of *Fitness Testing & Training*, where they have the opportunity to improve their own levels of cardiovascular endurance, muscular endurance, strength,

flexibility, power, agility & speed.

Currently all YEAR 7-9 PD/H/PE students are engaged in a practical program of Olympic **Gymnastics**, involving the of variety use а gymnastics equipment, including floor, balance beam, vault, trampoline & YEAR mini-tramp **PDHPE** students are completing a practical unit in **Social Dance**.

B. CUNEO Head Teacher — PD/Health/PE





# **SPORTS HAPPENINGS ...**

Congratulations to the following students who were presented with **COACH'S AWARDS** for their outstanding efforts whilst participating in the Wednesday afternoon sports program during Term 4, 2019 ... Imogen (Zumba), Abby (Zumba), India (Basketball), Fiona (Table Tennis), Hilary (Fitness), Angelique (Power Walking) & Anne (Power Walking).

school's OPEN VOLLEYBALL TEAM travelled to Menai Indoor Sports Centre to compete in Sydney East Knockout Volleyball competition. Randwick Girls' went straight into Round 2 where we played Newtown High School. The girls played very well, defeating Newtown 25-11 & 25-14. In Round 3, we played Sydney Girls' High School. We put up a great flight but lost 25-15 & 25-13. Sydney Girls' went on to win the competition in the Sydney East region. For the rest of the day we played three friendly but competitive games against South Sydney, JJ Cahill and Tempe. Congratulations to the whole team for representing Randwick Girls' with skill and determination. Kristinemae (Captain), Christine, Shanley, Beate, Ephryll, Zoe, Aida, Opal & Manee. Thanks to Ms Fahy for coaching the Volleyball Team.





Congratulations to the **OPEN** BASKETBALL TEAM who had a performance strong against South Sydney High-School in their Round 1 game of the Sydney East Knockout Competition. The team displayed excellent team work and an outstanding attitude throughout their performance. Good luck in your Round 2 Congratulations to game. Elizabeth, Indyanna, Aoibheann, Leila, Scarlett, Jade, Rachel, Zoe & Rachel. Special thanks to Ms McLean for coaching the Basketball Team.



The **GIRLS OPEN TOUCH** team recently travelled to Nagle Park Maroubra to attend the Eastern Suburbs Zone Selection trials. With only one training session under our belts, and a very young team, the girls were a little nervous, however we clicked straight into gear. We finished the day undefeated and only had one try scored against us. Well done to Memphys, Tallulah, Chiara, Dani, Bella, Indyanna, Chloe, Ava, Sofia, Nefertari, Bella, Bronte, Chloe & Kate. Special mention to Chloe, Kate, Memphys & Tallulah who were selected in the Open Girls Zone Touch team. Congratulations and best of luck at the Area Trials. Thanks to <u>Ms Hodder</u> for coaching the Touch Team.

**Term 1 Sport** is currently well underway, as students become involved in a variety of sporting activities including volleyball, basketball, soccer, OzTag, table tennis, yoga, Bocce, power walking, lawn bowls, swimming, Zumba & fitness training. Also at sport this term, **YEAR 7 STUDENTS** have the opportunity to participate in a sporting activity (netball, soccer, touch or tball) in preparation for a day of competition against other local high schools at the annual **Year 7** *Gala Sports Day*.

Congratulations to India (Year 10) who has been selected in the NSW Combined High Schools U/15yrs Water Polo Team to play a number of games against New Zealand opposition later this year.

# **Coming Sporting Events ...**

TERM 2 SPORT CHOICES
YEAR 7 GALA DAY
ATHLETICS CARNIVAL
CROSS COUNTRY CARNIVAL

Wednesday 1 April Wednesday 29 April Thursday 7 May Heffron Park
ES Marks Athletics Field
Sir Joseph Banks Park

B. CUNEO (Head Teacher – PD/Health/PE)

# **SPORTS HOUSES**

# **BRUCE**



Mary Grant Bruce, writer, was born on 24 May 1878 and educated at Sale, Victoria. In 1895 she won the Melbourne Shakespeare Society essay competition and in 1898 she went to Melbourne where she became a journalist. She wrote her first book in 1911 and her most famous were the *Billabong* series of stories that continued at the rate of almost one a year until 1948. Mary Grant Bruce died in 1958 in England.

# **GILMORE**



Dame Mary Gilmore (1865-1962) was an Australian poet. Her poetry reflected her sense of history, love of country and hatred of war. She was an advocate for the cause of women's rights and was also one of the earliest Australian poets to recognise the rights of the Aboriginals and the need to preserve their culture. Her most important verse includes: *The Passionate Heart, The Wild Swan, Under the Wilgas* and *Fourteen Men*.

# **STOREY**



Storey House honours the name of one of the pioneer families of Randwick. Mr David Storey was the first Member for Randwick. He served the electorate in the NSW Parliament for 26 years from 1894 to 1920. He was knighted by His Majesty, King George V in 1923. He died in 1924. His wife formed the Randwick branch of the Red Cross Society and was elected as its first president. For many years she was a member of the Executive Committee of the NSW division of the Australian Red Cross Society.

# **TURNER**



Ethel Sibyl Turner (1872-1958) was a famous novelist and writer for children. She was born in Doncaster, England and came to Australia with her parents in 1881. Her first book *Seven Little Australians* was written in 1893, and has since been an Australian classic for children. Between 1894 and 1928 Ethel Turner wrote more than 30 books, some of the best known of which are *The Little Larrikin*, *That Girl* and *The Cub*.



# RANDWICK GIRLS HIGH SCHOOL P&C UPDATE

# Vote

# P&C AGM

Thanks to all who attended our first meeting for the year, your support as always is much appreciated.

Special thanks to Kathy Barlow - Relieving Head Teacher Maths and Ben Rekic - Deputy Principal for their presentations about numeracy and STEM and the 2019 HSC results.

#### **NEXT MEETING**

Our next general meeting will be followed directly by the **AGM** where the election of the P&C Committee for 2020/2021 will be held.

#### NOMINATIONS NOW OPEN!

All executive positions are now open for nomination:

- President
- · Vice President (2 positions)
- Secretary
- Treasurer
- Executive Committee Members (up to 6 positions)

# P&C GENERAL MEETING AND AGM

Monday 16<sup>th</sup> March 2019

General Meeting 7pm – 8pm

AGM 8pm – 8.30pm

In the Staff Common Room Level 2

To note is that our long time treasurer, Brendan Arnol and Vice President Lewis Jones will not be renominating this year.

Nominations would be particularly welcome from people with the skills, time and interest to take on responsibility for:

- · P&C social media and website
- · Grant funding

## REMINDER

To be eligible to nominate, stand and vote for a committee position, you <u>must</u> have become a financial member of the P&C by **Monday 24 February 2020** 

For more information about the AGM election procedures, position descriptions and how to nominate yourself or someone else please contact us at: contact@randwickgirlspandc.org.au

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# THANK YOU

Many thanks to everyone who joined us for the Year 7 Welcome BBQ. It was wonderful to see so many families and teachers come along and enjoy the evening.

Our thanks also to Rose Nardo and the fabulous canteen team for catering the event. Their ongoing support of this annual event is much appreciated as is their delicious BBQ!.



# STILL TIME TO CONTRIBUTE

Thank you to those families that have already made a P&C contribution – your generosity has raised around \$4,000. There is still plenty of time to contribute for those families that wish to do so.

The P&C contribution is a voluntary payment that helps raise funds in place of asking time poor families to volunteer to organise and help out at fundraising activities.

We request a contribution of \$50 per student but any amount families can afford is always appreciated.

Funds are directed towards educational resources, equipment and facilities to support learning and educational initiatives.

# 2020 GOAL

In 2020 the P&C hopes to raise \$20,000 from contributions. Funds raised will be directed to projects such as:

- Library refurbishments to support flexible learning
- New equipment and learning resources eg: IT hardware, software, musical instruments, technology and design equipment/resources
- Exterior wall art and landscaping to improve the physical environment
- School excursion subsidies
- Tutors for school clubs and other activities

### **3 EASY WAYS TO PAY**

## **EFT/DIRECT DEPOSIT**

Randwick Girls P&C Association BSB 032-056 Account 761171

#### OR

### MAKE-A-PAYMENT

Via the school website

### www.randwickgirlshighschool.com.au

Select 'Other' as the payment type and write 'P&C contribution' in the description

## OR

# **CASH PAYMENT**

To our Treasurer at a P&C meeting

## **EVERY DOLLAR MAKES A DIFFERENCE**

Our school has roughly 1,000 students which means:

\$5 for every student = \$5,000

\$10 for every student = \$10,000

\$20 for every student = \$20,000

\$30 for every student = \$30,000

\$50 for every student = \$50,000

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Successful participants receive the Statement of Attainment in Provide First Aid Course code: HLTAID003. This is a nationally accredited course

# **COURSE OUTLINE**

- Principles of First Aid: legal issues, casualty assessment, evaluate performance
- Assessment of the Unconscious casualty: CPR including the use of an AED
- Conscious casualty including medical emergencies: fainting, choking, asthma, diabetes, heart attack, epilepsy/seizures, anaphylaxis, stroke
- Trauma including: bleeding, fractures, sprains and strains, head injury, facial injury, burns, chest
- Injury: abdominal injury
- Poisons: bites and stings
- Environmental injury: hyperthermis and hypotherm

## **OUTCOMES**

- Assess the situation
- Apply basic First Aid techniques
- Communicate details of the incident
- Evaluate performance

Saturday 21 March 2020, 9am to 4:30pm Alf Kay Eastlakes Community Hall 16 Florence Avenue Eastlakes Cost is FREE. Bookings are essential by Thursday 19 March 2020, 6pm

For more information or bookings please contact Council's Youth Worker on 0447 116 805 or yasemin.secim@bayside.nsw.gov.au



